Road book

Eurovélo 3

Trondheim(Norvège)
St Jacques de Compostelle (Espagne)

Départ 7 juillet 2021
Arrivée 23-29 octobre 2021

Un périple de 5’400 km
pour soutenir les personnes
atteintes d’un AVC
ou de lésions cérébrales

Semaines	jour	date	étapes	Jour	Pays	départ	arrivée
1	mercredi	07.07.2021	1	1	N	Trondheim	Meldal
1	jeudi	08.07.2021	2	2	N	Meldal	Oppdal
1	vendredi	09.07.2021	3	3	N	Oppdal	Folldal
1	samedi	10.07.2021	Pause	4	N	Folldal	
2	dimanche	11.07.2021	4	5	N	Folldal	Ringebu
2	lundi	12.07.2021	5	6	N	Ringebu	Lillehammer
2	mardi	13.07.2021	Pause	7	N	Lillehammer	
2	mercredi	14.07.2021	Pause	8	N	Lillehammer	
2	jeudi	15.07.2021	6	9	N	Lillehammer	Hamar
2	vendredi	16.07.2021	8	11	N	Hamar	Eidsvoll Sundet
2	samedi	17.07.2021	9	12	N	Eidsvoll Sundet	Oslo
3	dimanche	18.07.2021	Pause	13	N	Oslo	
3	lundi	19.07.2021	Pause	15	N	Oslo	
3	mardi	20.07.2021	10	16	N	Oslo	Moss
3	mercredi	21.07.2021	11	17	N	Moss	Slevik
3	jeudi	22.07.2021	12	18	N	Slevik	Hoysand Camping
3	vendredi	23.07.2021	Pause	19	N	Hoysand Camping	
3	samedi	24.07.2021	13	20	S	Hoysand Camping	Tanumshede
4	dimanche	25.07.2021	14	21	S	Tanumshede	Lysekil (ferry)
4	lundi	26.07.2021	15	23	S	Fiskebäckskil	Malö Camping
4	mardi	27.07.2021	Pause	24	S	Malö Camping	
4	mercredi	28.07.2021	16	25	S	Malö Camping	Tjörnbron Park
4	jeudi	29.07.2021	17	28	S	Tjörnbron Park	Göteborg
4	vendredi	30.07.2021	Pause	30	S	Göteborg	
4	samedi	31.07.2021	Pause	31	Dk	Göteborg(ferry)	Frederikshavn
5	dimanche	01.08.2021	18	32	Dk	Frederikshavn	Aalborg
5	lundi	02.08.2021	19	33	Dk	Aalborg	Hobro
5	mardi	03.08.2021	20	34	Dk	Hobro	Thorning
5	mercredi	04.08.2021	21	35	Dk	Thorning	Vejle
5	jeudi	05.08.2021	Pause	36	Dk	Vejle	
5	vendredi	06.08.2021	22	37	Dk	Vejle	Vejen
5	samedi	07.08.2021	23	38	Dk	Vejen	Abenraa
6	dimanche	08.08.2021	24	39	DE	Abenraa	Flensburg
6	lundi	09.08.2021	Pause	40	DE	Flensburg	
6	mardi	10.08.2021	25	41	DE	Flensburg	Schleswig
6	mercredi	11.08.2021	26	42	DE	Schleswig	Rendsburg
6	jeudi	12.08.2021	27	43	DE	Rendsburg	Itzehoe
6	vendredi	13.08.2021	28	44	DE	Itzehoe	Hamburg
6	samedi	14.08.2021	Pause	45	DE	Hamburg	
7	dimanche	15.08.2021	29	46	DE	Hamburg	Zeven
7	lundi	16.08.2021	30	47	DE	Zeven	Bremen
7	mardi	17.08.2021	31	48	DE	Bremen	Vechta
7	mercredi	18.08.2021	32	49	DE	Vechta	Osnarbruck
7	jeudi	19.08.2021	Pause	50	DE	Osnarbruck	
7	vendredi	20.08.2021	33	51	DE	Osnarbruck	Münster

7	samedi	21.08.2021	34	52	DE	Münster	Olfen
8	dimanche	22.08.2021	35	53	DE	Olfen	Dorsten
8	lundi	23.08.2021	36	54	DE	Dorsten	Duisburg
8	mardi	24.08.2021	Pause	55	DE	Duisburg	
8	mercredi	25.08.2021	37	56	DE	Duisburg	Köln
8	jeudi	26.08.2021	38	57	DE	Köln	Euskirchen
8	vendredi	27.08.2021	39	58	DE	Euskirchen	Aix la Chapelle (Aachen)
8	samedi	28.08.2021	Pause	59	DE	Aix la Chapelle (Aachen)	
9	dimanche	29.08.2021	40	60	BE	Aix la Chapelle (Aachen)	Liège
9	lundi	30.08.2021	41	61	BE	Liège	Namur
9	mardi	31.08.2021	42	62	BE	Namur	Charleroi
9	mercredi	01.09.2021	43	63	F	Charleroi	Maubeuge
9	jeudi	02.09.2021	44	64	BE	Maubeuge	Momignies
9	vendredi	03.09.2021	Pause	65	BE	Momignies	
9	samedi	04.09.2021	45	66	F	Momignies	Autreppes
10	dimanche	05.09.2021	46	67	F	Autreppes	Ribemont
10	lundi	06.09.2021	47	68	F	Ribemont	Chauny
10	mardi	07.09.2021	48	69	F	Chauny	Compiègne
10	mercredi	08.09.2021	49	70	F	Compiègne	Senlis
10	jeudi	09.09.2021	Pause	71	F	Senlis	
10	vendredi	10.09.2021	50	72	F	Senlis	Moussy le neuf
10	samedi	11.09.2021	51	73	F	Bondy Paris	Choisy le Roi
11	dimanche	12.09.2021	52	74	F	Choisy le Roi	Corbeilles Essonnes
11	lundi	13.09.2021	53	75	F	Corbeilles Essonnes	Moret sur Loing
11	mardi	14.09.2021	Pause	76	F	Moret sur Loing	
11	mercredi	15.09.2021	54	77	F	Moret sur Loing	Chailly en Gatinais
11	jeudi	16.09.2021	55	78	F	Chailly en Gatinais	Orléans
11	vendredi	17.09.2021	56	79	F	Orléans	Blois
11	samedi	18.09.2021	57	80	F	Blois	Tour
12	dimanche	19.09.2021	58	81	F	Tour	Antogny le Tillac
12	lundi	20.09.2021	Pause	82	F	Antogny le Tillac	
12	mardi	21.09.2021	59	83	F	Antogny le Tillac	Vouneil sur Vienne
12	mercredi	22.09.2021	60	84	F	Vouneil sur Vienne	L'Isle Jourdain
12	jeudi	23.09.2021	61	85	F	L'Isle Jourdain	St Quentin sur Charente
12	vendredi	24.09.2021	62	86	F	St Quentin sur Charente	Angoulême
12	samedi	25.09.2021	Pause	87	F	Angoulême	
13	dimanche	26.09.2021	63	88	F	Angoulême	Chantillac
13	lundi	27.09.2021	64	89	F	Chantillac	Libourne
13	mardi	28.09.2021	65	90	F	Libourne	Bordeaux
13	mercredi	29.09.2021	Pause	91	F	Bordeaux	
13	jeudi	30.09.2021	Pause	92	F	Bordeaux	
13	vendredi	01.10.2021	66	93	F	Bordeaux	Hostens
13	samedi	02.10.2021	67	94	F	Hostens	Fontet
14	dimanche	03.10.2021	68	95	F	Fontet	Lavardac
14	lundi	04.10.2021	69	96	F	Lavardac	Villeneuve de Marsan
14	mardi	05.10.2021	70	97	F	Villeneuve de Marsan	Tartas

14	mercredi	06.10.2021	71	98	F	Tartas	Dax
14	jeudi	07.10.2021	72	99	F	Dax	Urt -biarritz
14	vendredi	08.10.2021	Pause	100	F	biarritz	
14	samedi	09.10.2021	Pause	101	F	biarritz	
15	dimanche	10.10.2021	73	102	F	Urt	Saint Palais
15	lundi	11.10.2021	74	103	F	Saint Palais	Saint-Jean Pied de Port
15	mardi	12.10.2021	75	104	E	Saint Jean Pied de Port	Pamplona
15	mercredi	13.10.2021	Pause	105		Pamplona	
15	jeudi	14.10.2021	76	106	E	Pamplona	Estella Lizzara
15	vendredi	15.10.2021	77	107	E	Estella Lizzara	Navarrete
15	samedi	16.10.2021	78	108	E	Navarrete	San Domingo de la Calzada
16	dimanche	17.10.2021	Pause	109	E	San Domingo de la Calzada	
16	lundi	18.10.2021	79	110	E	San Domingo de la Calzada	Cerraton de Juarros
16	mardi	19.10.2021	80	111	E	Cerraton de Juarros	Burgos
16	mercredi	20.10.2021	81	112	E	Burgos	Boadilla del Camino
16	jeudi	21.10.2021	82	113	E	Boadilla del Camino	Sahagun
16	vendredi	22.10.2021	83	114	E	Sahagun	Leon
16	samedi	23.10.2021	Pause	115	E	Leon	
17	dimanche	24.10.2021	84	116	E	Leon	Astorga
17	lundi	25.10.2021	85	117	E	Astorga	Ponferrada
17	mardi	26.10.2021	86	118	E	Ponferrada	Pedrafita do Cebreiro
17	mercredi	27.10.2021	87	119	E	Pedrafita do Cebreiro	Sarria
17	jeudi	28.10.2021	88	120	E	Sarria	Melide
17	vendredi	29.10.2021	Pause	121	E	Melide	St Jacques de Compostelle

<u>Etape 1</u>

Semaine 1

Mercredi 7.7.2021

Trondheim – Meldal

86km ()

<u>Etape 2</u>

Semaine 1

Jeudi 8.7.2021

Meldal – Oppdal

64km (150)

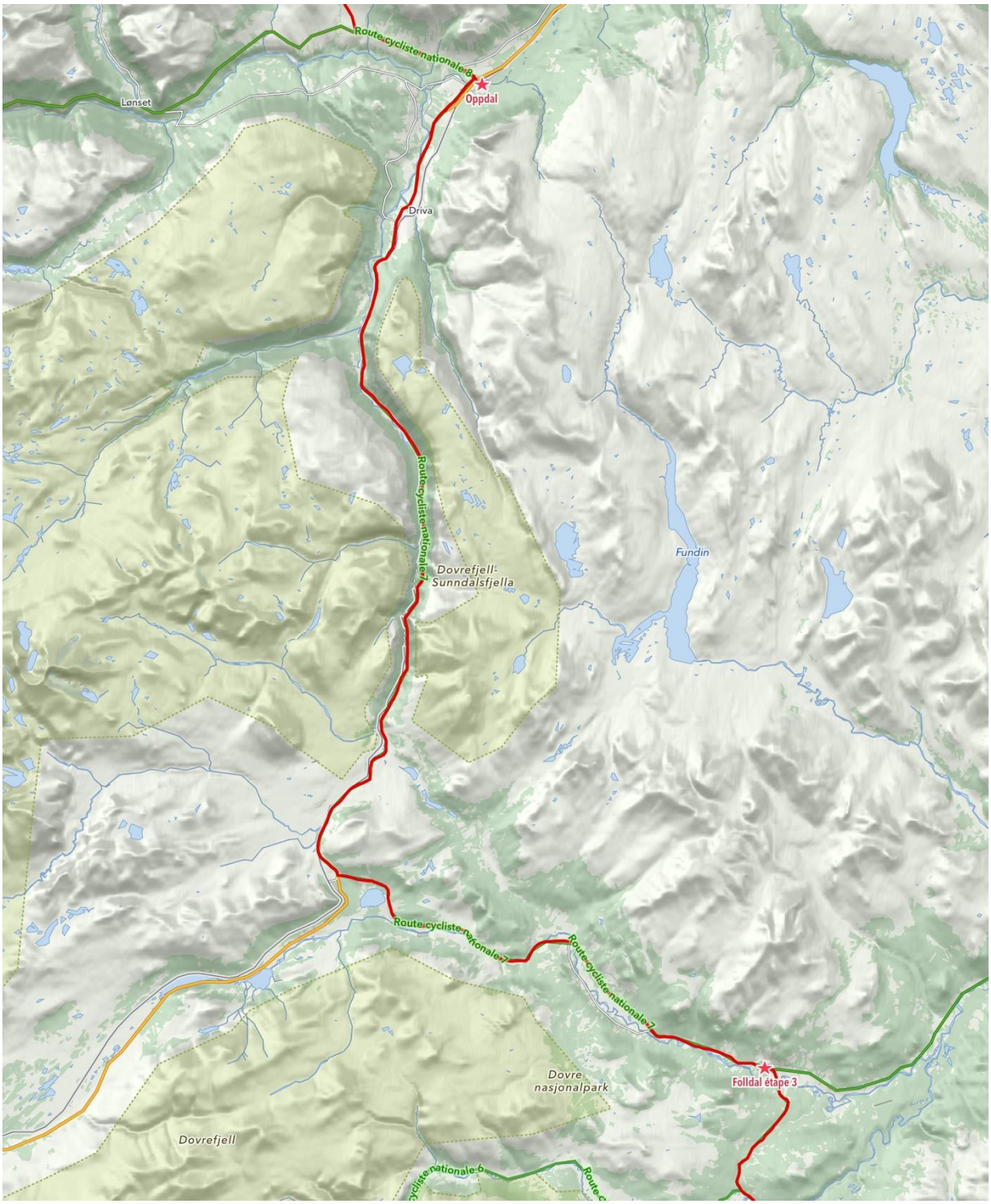
Etape 3

Semaine 1

Vendredi 9.7.2021

Oppdal – Folldal

76km (226)



<u>Pause</u>
Semaine 1
Samedi 10.7.2021
Folldal –
Total km(226)

Etape 4

Semaine 2

Dimanche 11.7.2021

Folldal – Ringebu

86km (312)

Etape 5

Semaine 2

Lundi 12.7.2021

Ringebu – Lillehammer

119km (431)

Pause
Semaine 2
Mardi 13.7.2021
Mercredi 14.7.2021
Lillehammer –
Total km(431)

<u>Etape 6</u>

Semaine 2

Jeudi 15.7.2021

Lillehammer – Hamar

65km (496)

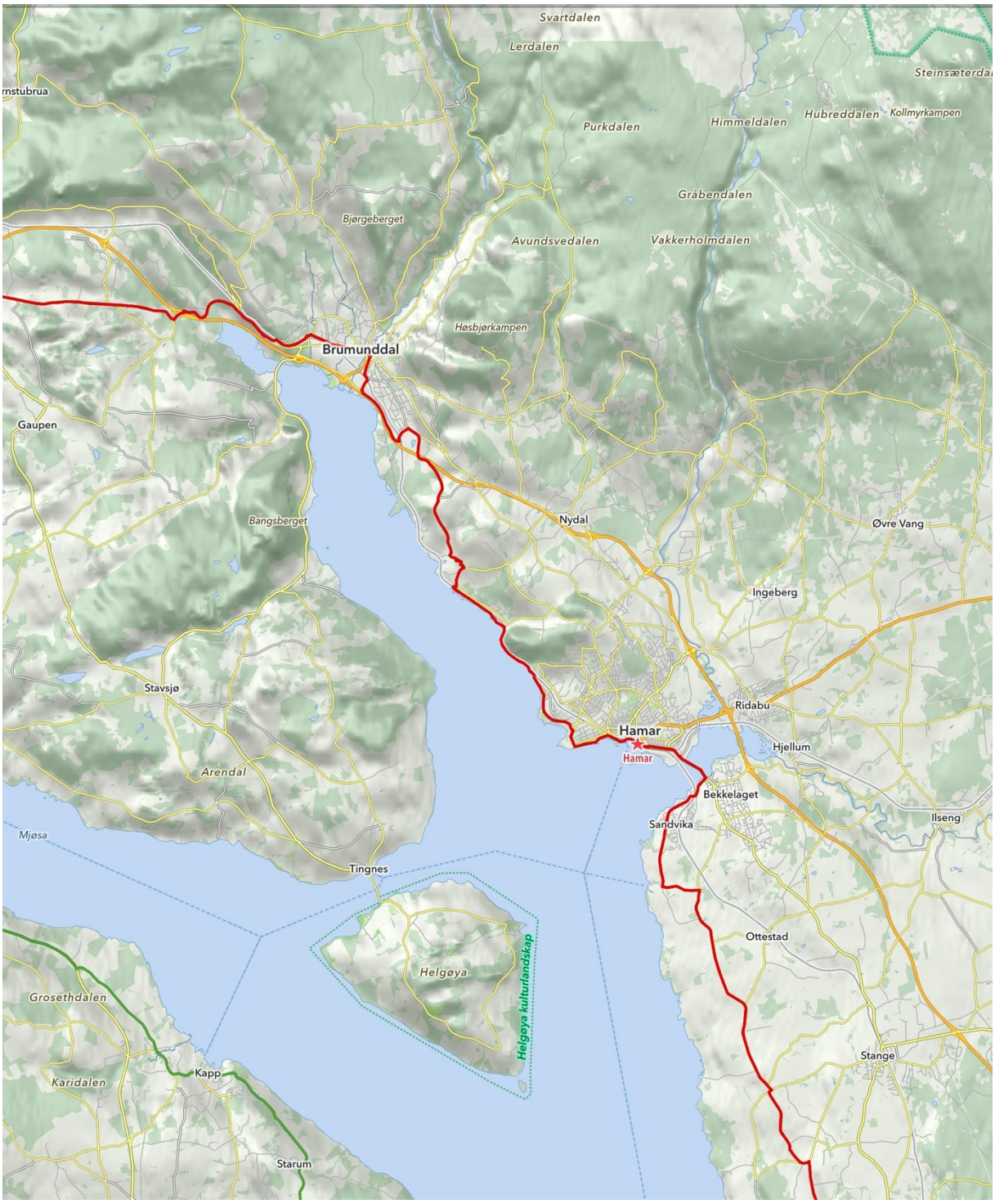
Etape 8

Semaine 2

Vendredi 16.7.2021

Hamar – Eidsvoll Sundet

65km (561)



<u>Etape 9</u>

Semaine 2

Samedi 17.7.2021

Eidsvoll Sundet – Oslo

75km (636)

<u>Pause</u>

Semaine 3

Dimanche 18.7.2021

Lundi 19.7.2021

Oslo –

0km (636)

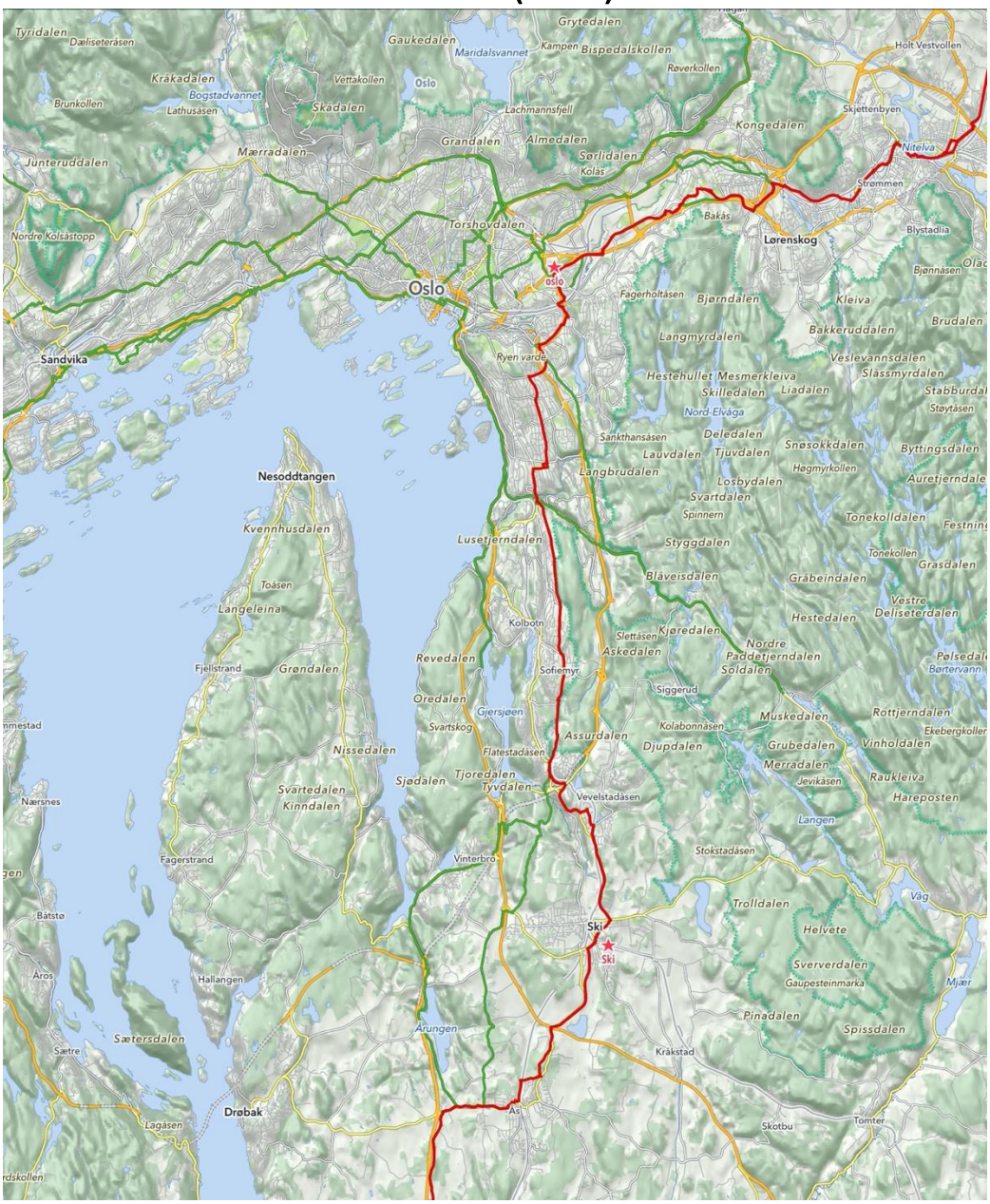
<u>Étape 10</u>

Semaine 3

Mardi 20.7.2021

Oslo – Moss

56km (692)



Ski
Ski
Helvete
Sververdal
Gaupesteinmar
Pinadalen
Krakstad
Skotbu
Ås
Arungen
Hallangen
Bjørndalen
Drøbak
Sætersdalen
Sætre
Aros
Mørkvannet
Lagåsen
Storsandtoppen
Korsgårdskollen
Svartvannsdalen
Sundbydalen
Prestedalen
Storemyr
Sionsdalen
Bolldalen
Bergerdalen
Surtingen
Bjørnsruddalen
Husebydalen
Rødbyvannet
Røstaddalen
Ødegårdskollen
Filtvet
Dustadkollen
Høymyrdalen
Stendalen
Oredalen
Høibrudalen
Marikollen
Sagenedalen
Tofte
Ertsvik
Hvitsten
Kikkerasen
Vestby
Ommedalen
Ringvoll
Tønneroddalen
Slora
Hølen
Son
Store Brevik
Svartedal
Kirkebygden
Mørkdal
Väk
Jeløy
Trolldalen
Hasseldalen
Moss
Vansjø
Horten

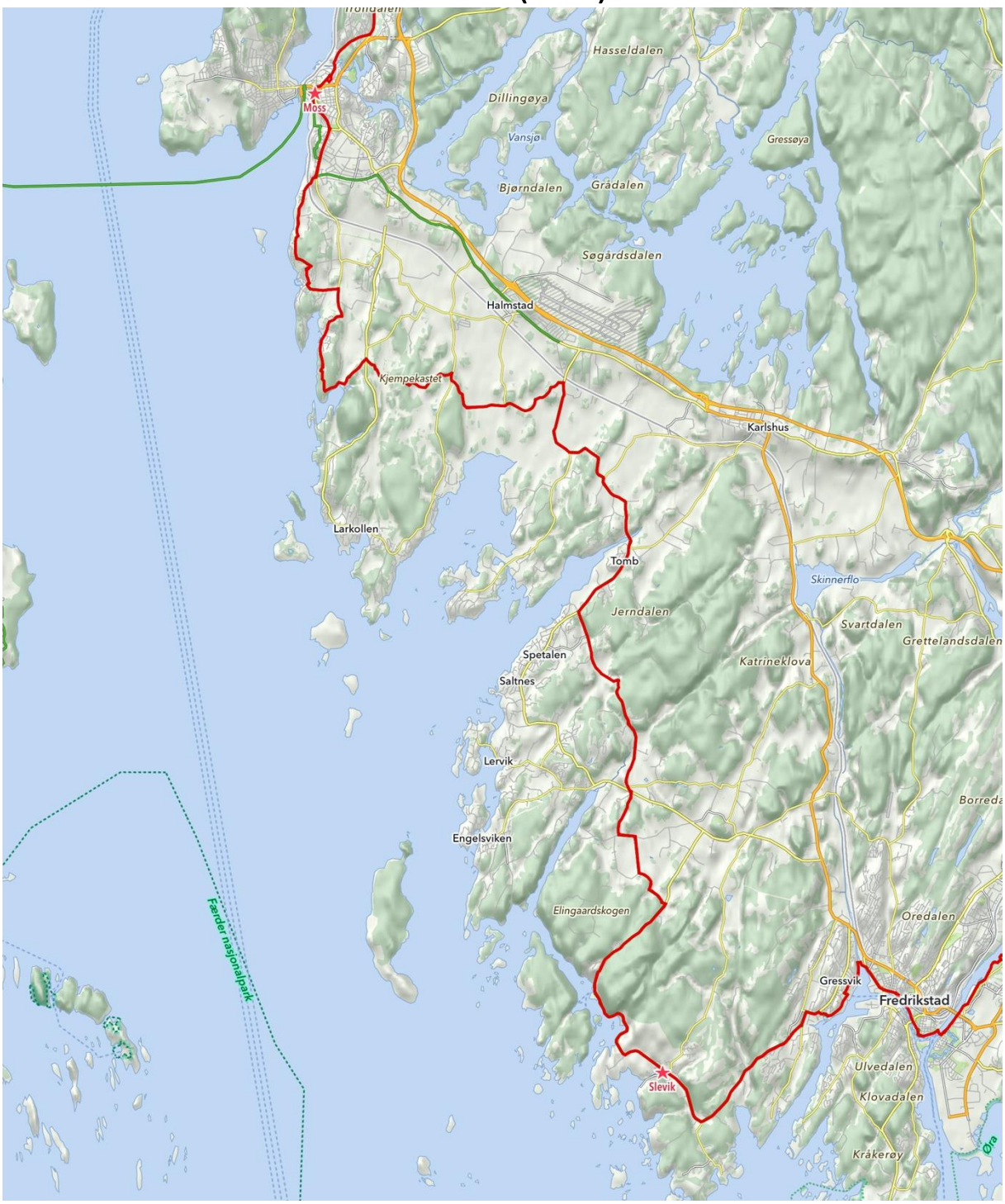
Etape 11

Semaine 3

Mercredi 21.7.2021

Moss – Slevik

60km (752)



Etape 12

Semaine 3

Jeudi 22.7.2021

Slevik – Hoysand Camping

39km (791)

<u>Pause</u>
Semaine 3
Vendredi 23.7.2021
Hoysand Camping –
0km (791)

Etape 13

Semaine 3

Samedi 24.7.2021

Hoysand Camping – Tanumshede

84km (875)

Étape 14

Semaine 4

Dimanche 25.7.2021

Tanumshede – Lysekil (ferry)

Total km(963)

Vallboröset
162
Lysekil
Galleberget
NR Gullmarn
Skaftö
Fiskholmen
O799
O785
O797
Fiskebäckskil
Bassholmen
Gåsö

Etape 15

Semaine 4

Lundi 26.7.2021

Fiskebäckskil – Malö Camping

16km (979)

<u>Pause</u>
Semaine 4
Mardi 27.7.2021
Malö Camping –
0km (979)

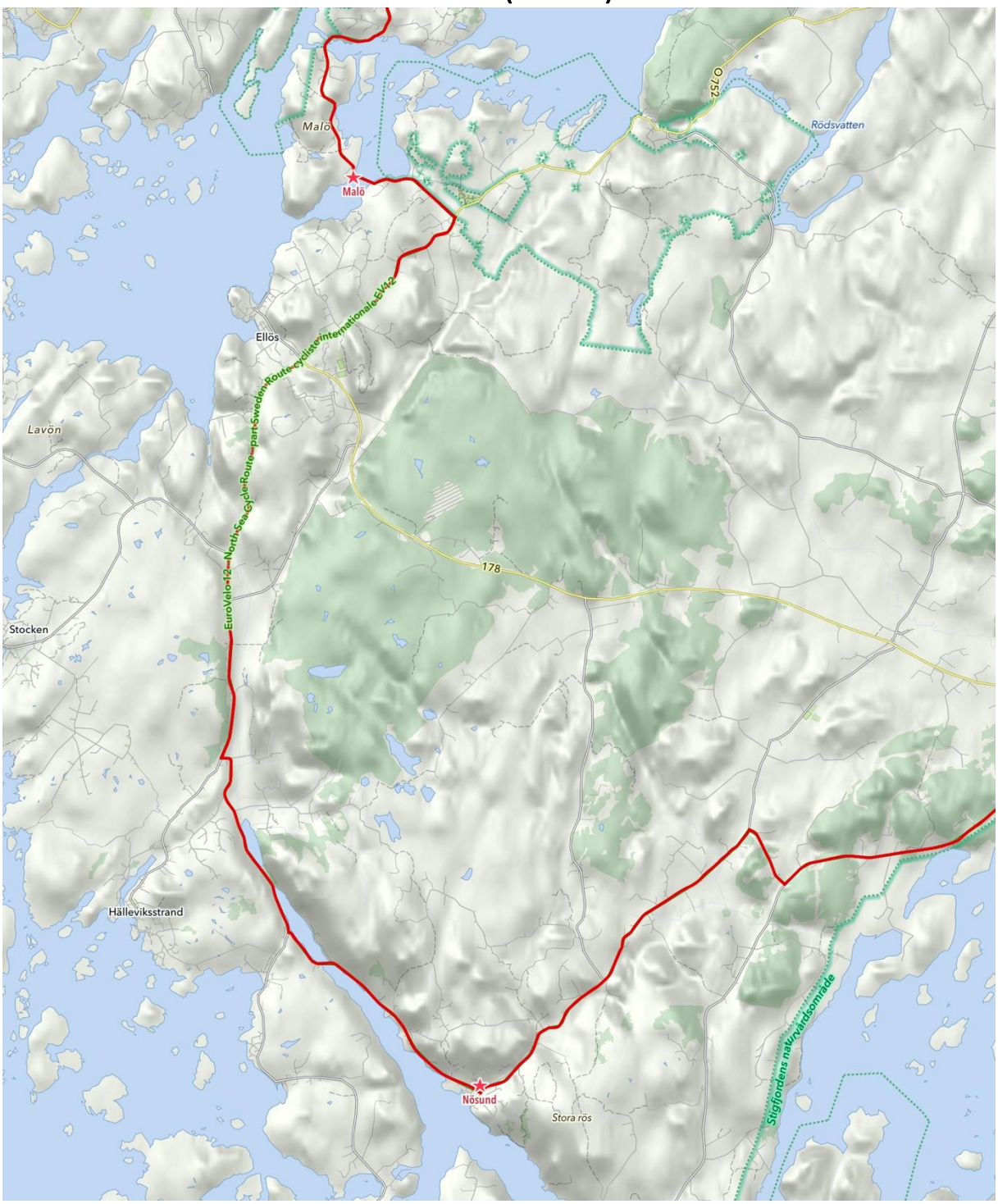
Etape 16

Semaine 4

Mercredi 28.7.2021

Malö Camping – Tjörnbron Park

48km (1027)



Kollungeröd Vatten
Varekil
Svanvik
Nösund
Stora rös
Stora Askerön
Lilla Askerön
Trondsberget
Lyr
Mjörn
Flotteberget
Myggenäs
Tjörnbron Park Camping
Flöjeberget
Höviksnäs
Källekärr
Härön
Tjörn
Smedjeberget
Skärhamn

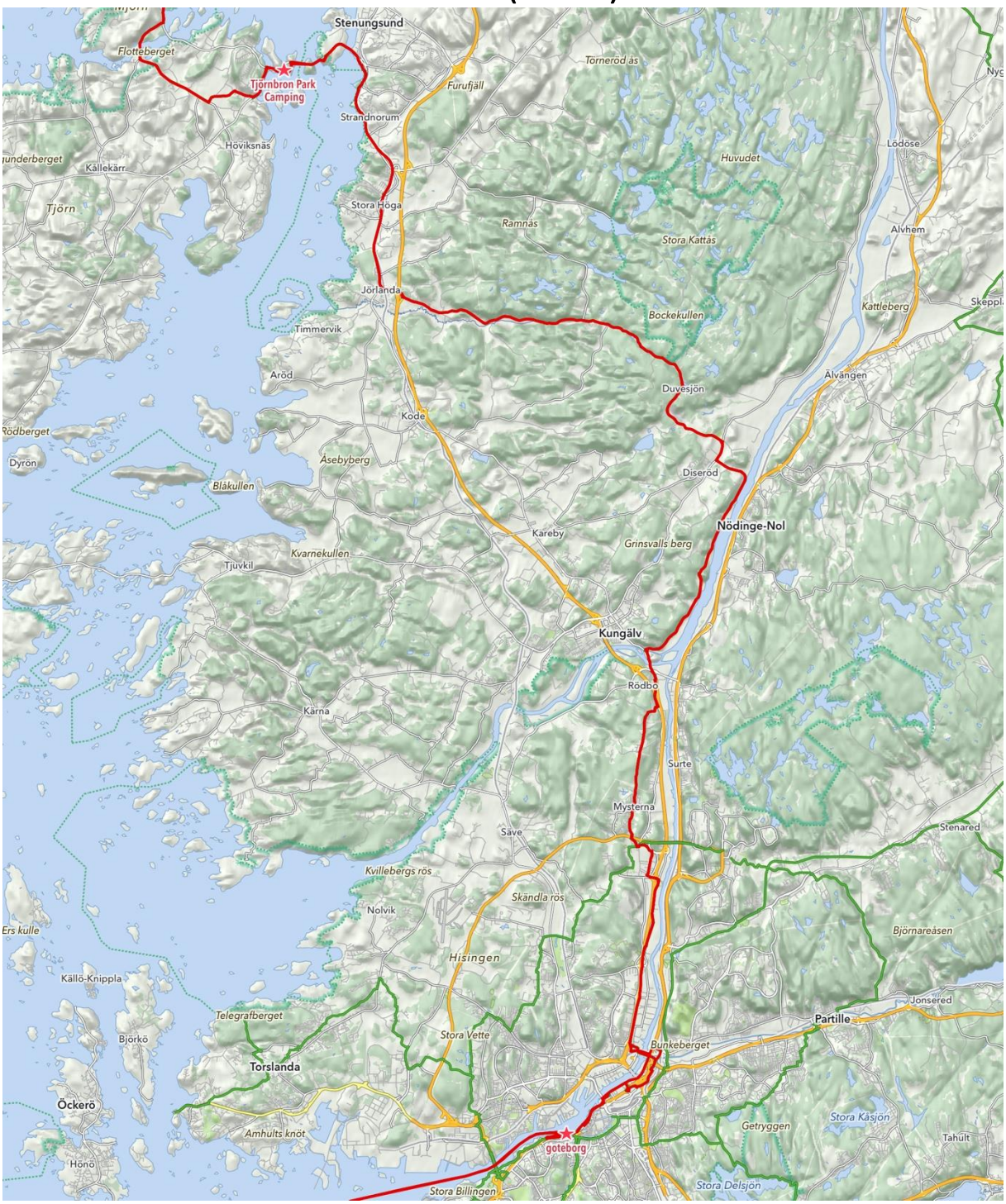
Etape 17

Semaine 4

Jeudi 29.7.2021

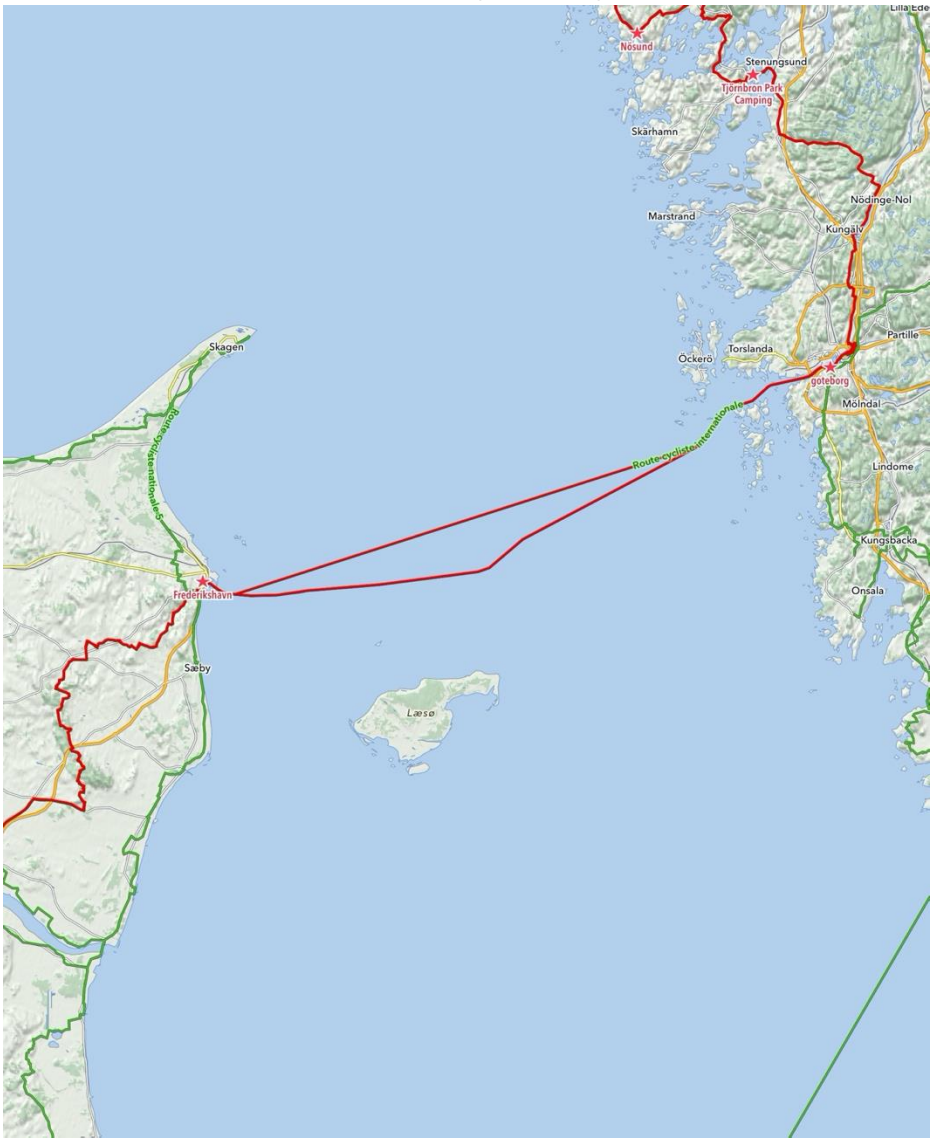
Tjörnbron Park – Göteborg

62km (1089)



<u>Pause</u>
Semaine 4
Vendredi 30.7.2021
Göteborg –
Total km(1089)

<u>Pause</u>
Semaine 4
Samedi 31.7.2021
Göteborg(ferry) – Frederikshavn
97km (1186)



Etape 18

Semaine 5

Dimanche 1.8.2021

Frederikshavn – Aalborg

86km (1272)

Etape 19

Semaine 5

Lundi 2.8.2021

Aalborg – Hobro

74km (1346)

Étape 20

Semaine 5

Mardi 3.8.2021

Hobro – Thorning

Total km(1413)

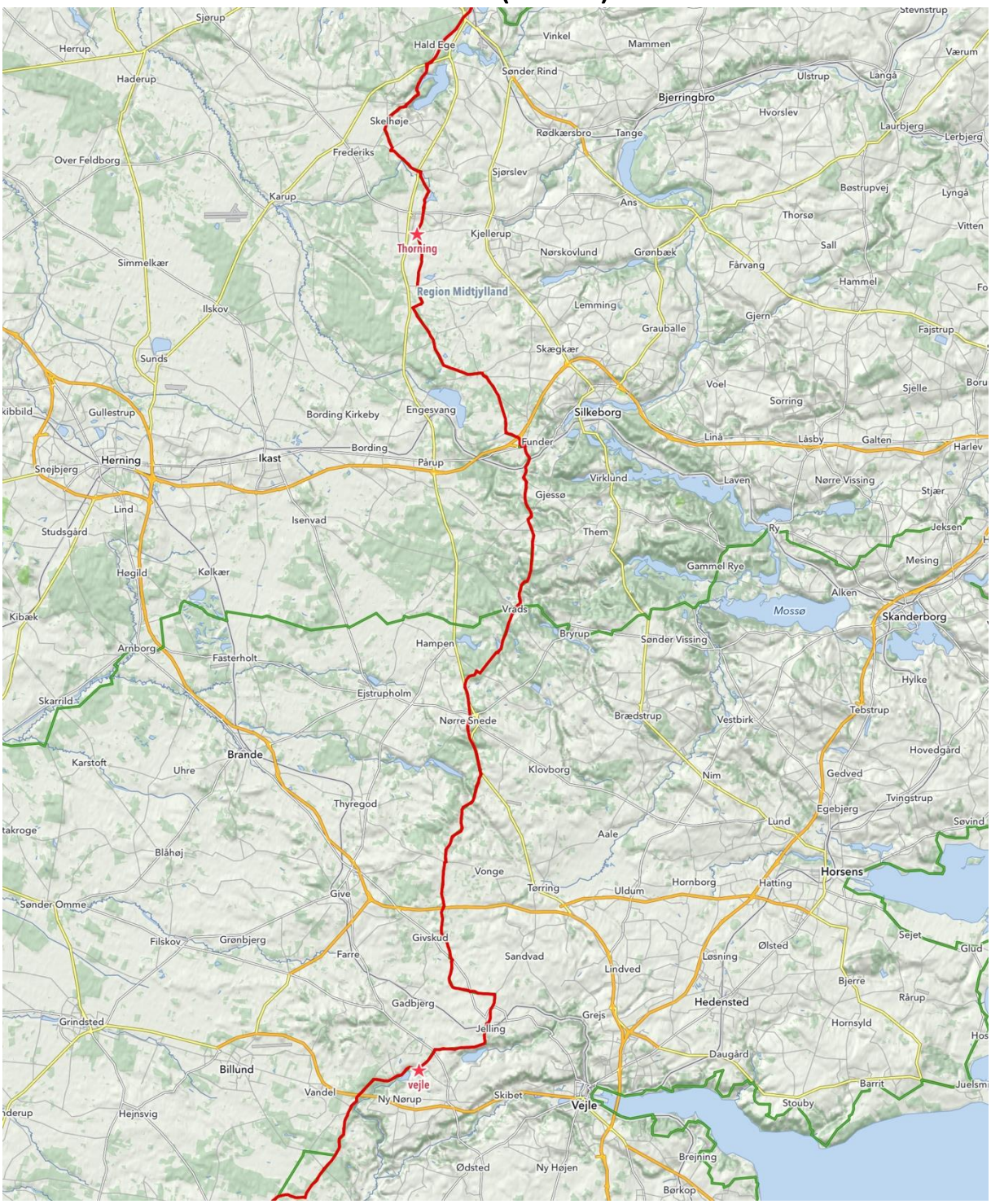
Etape 21

Semaine 5

Mercredi 4.8.2021

Thorning – Vejle

74km (1487)



Pause
Semaine 5
Jeudi 5.8.2021
Vejle –
0km (1487)

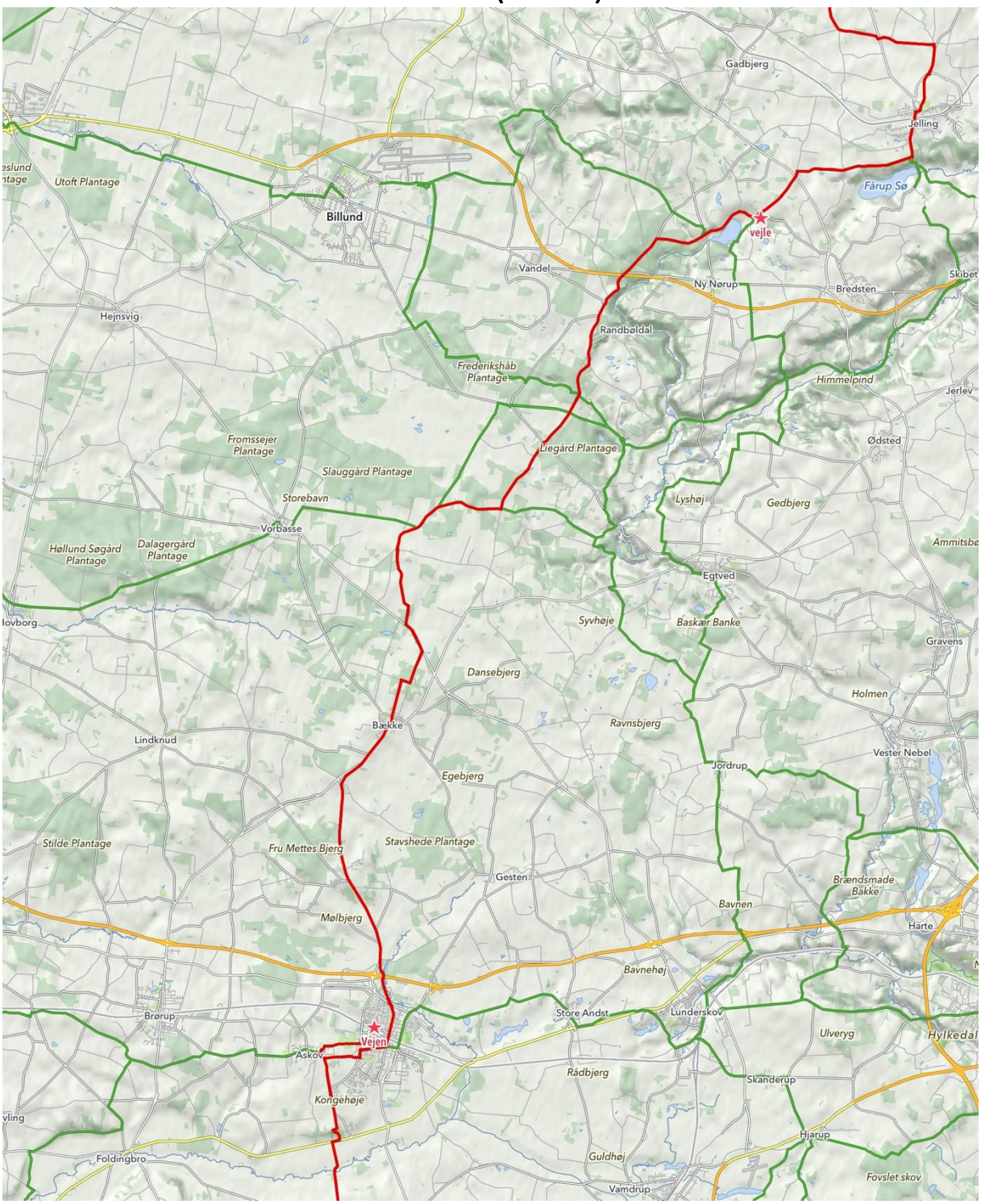
Etape 22

Semaine 5

Vendredi 6.8.2021

Vejle – Vejen

44km (1531)



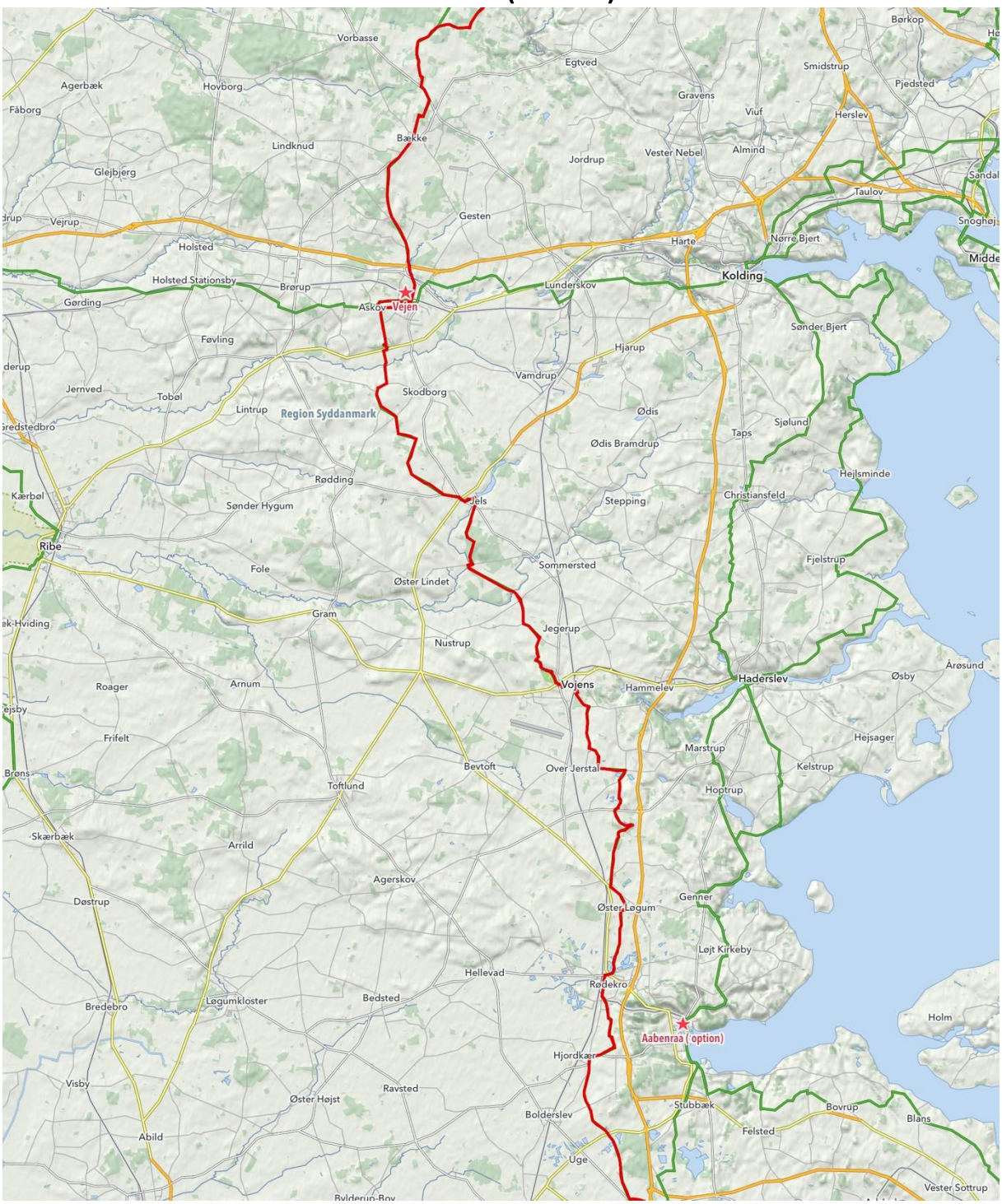
<u>Etape 23</u>

Semaine 5

Samedi 7.8.2021

Vejen – Abenraa

64km (1595)



Etape 24

Semaine 6

Dimanche 8.8.2021

Abenraa – Flensburg

46km (1641)

Pause
Semaine 6
Lundi 9.8.2021
Flensburg –
Total km(1641)

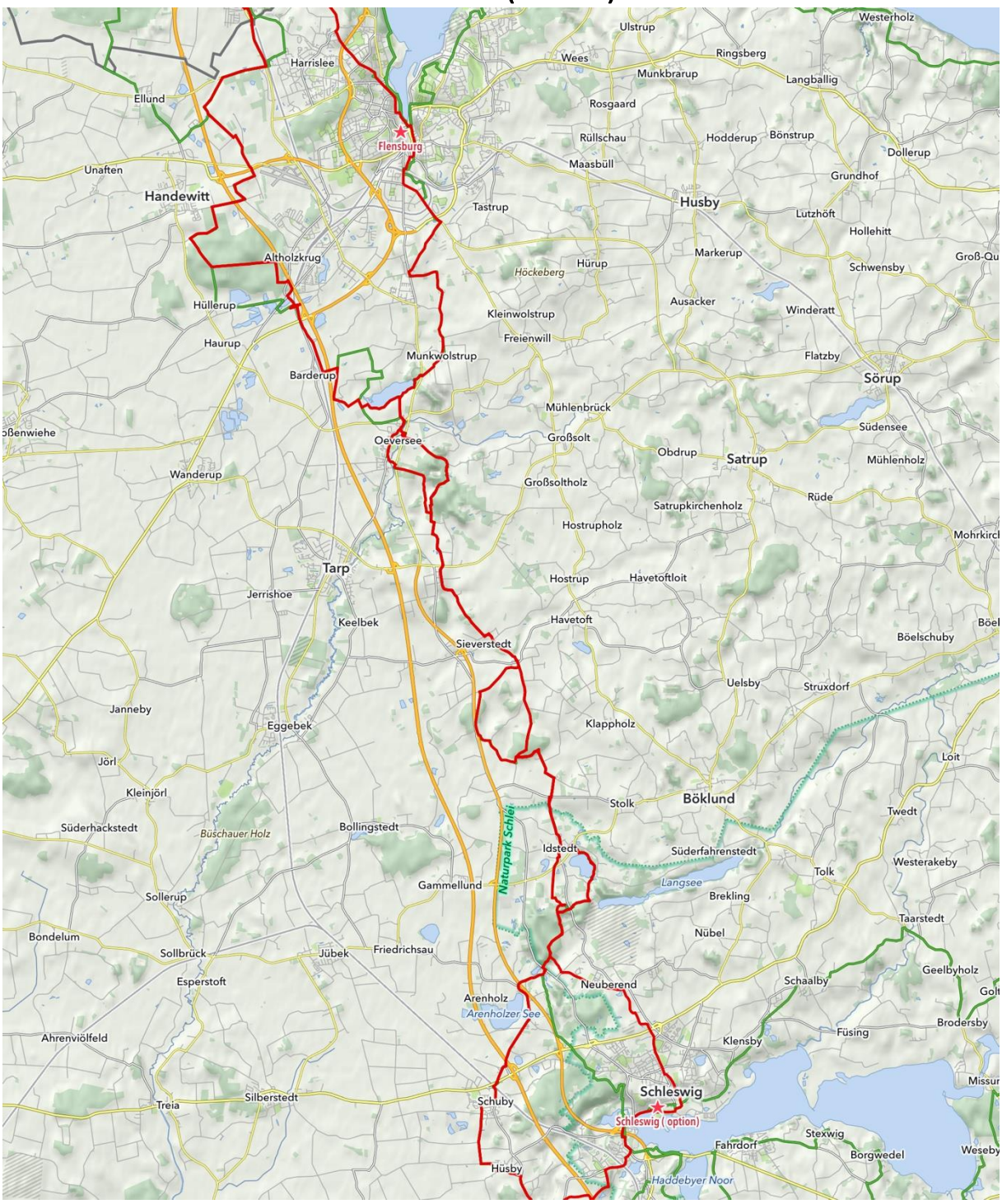
Etape 25

Semaine 6

Mardi 10.8.2021

Flensburg – Schleswig

44km (1685)



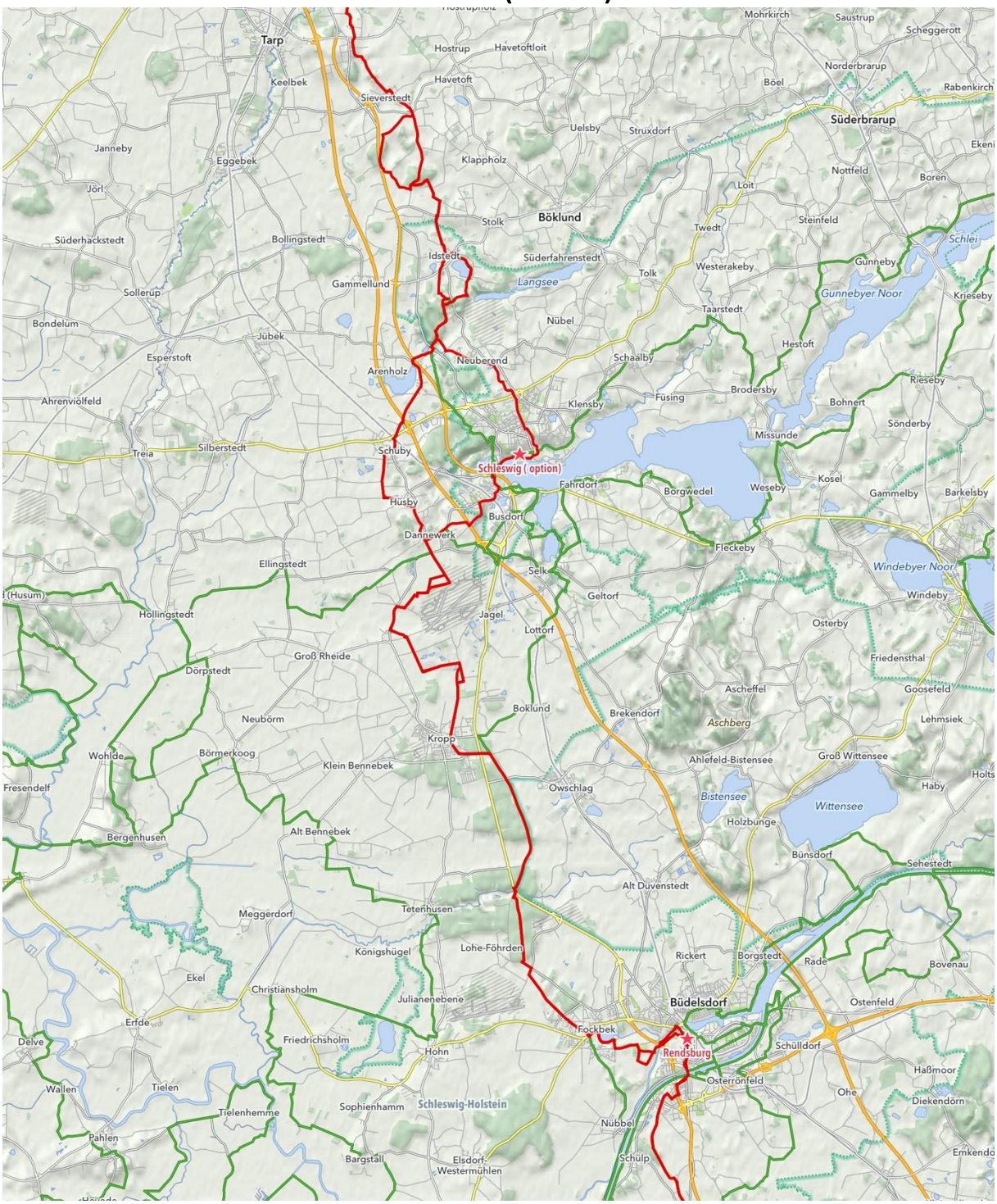
Etape 26

Semaine 6

Mercredi 11.8.2021

Schleswig – Rendsburg

41km (1726)



Etape 27

Semaine 6

Jeudi 12.8.2021

Rendsburg – Itzehoe

64km (1790)

Étape 28

Semaine 6

Vendredi 13.8.2021

Itzehoe – Hamburg

Total km(1879)

<u>Pause</u>
Semaine 6
Samedi 14.8.2021
Hamburg –
0km (1879)

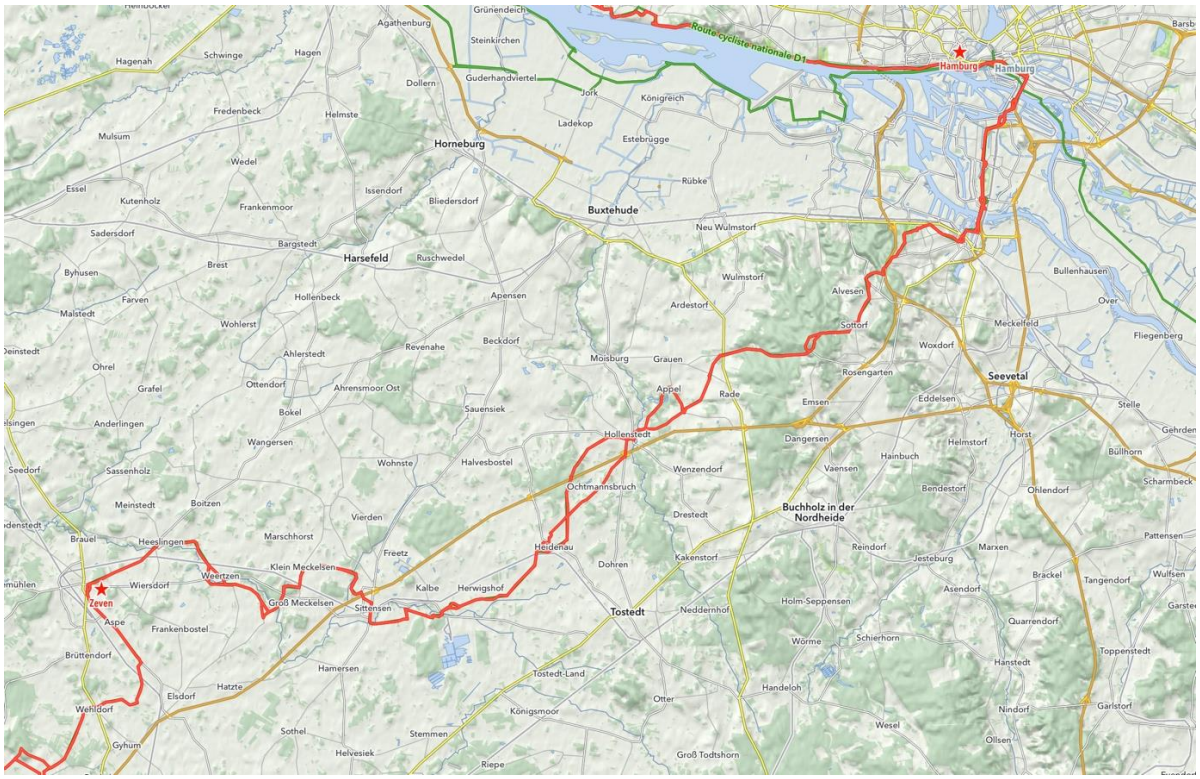
Etape 29

Semaine 7

Dimanche 15.8.2021

Hamburg – Zeven

86km (1965)



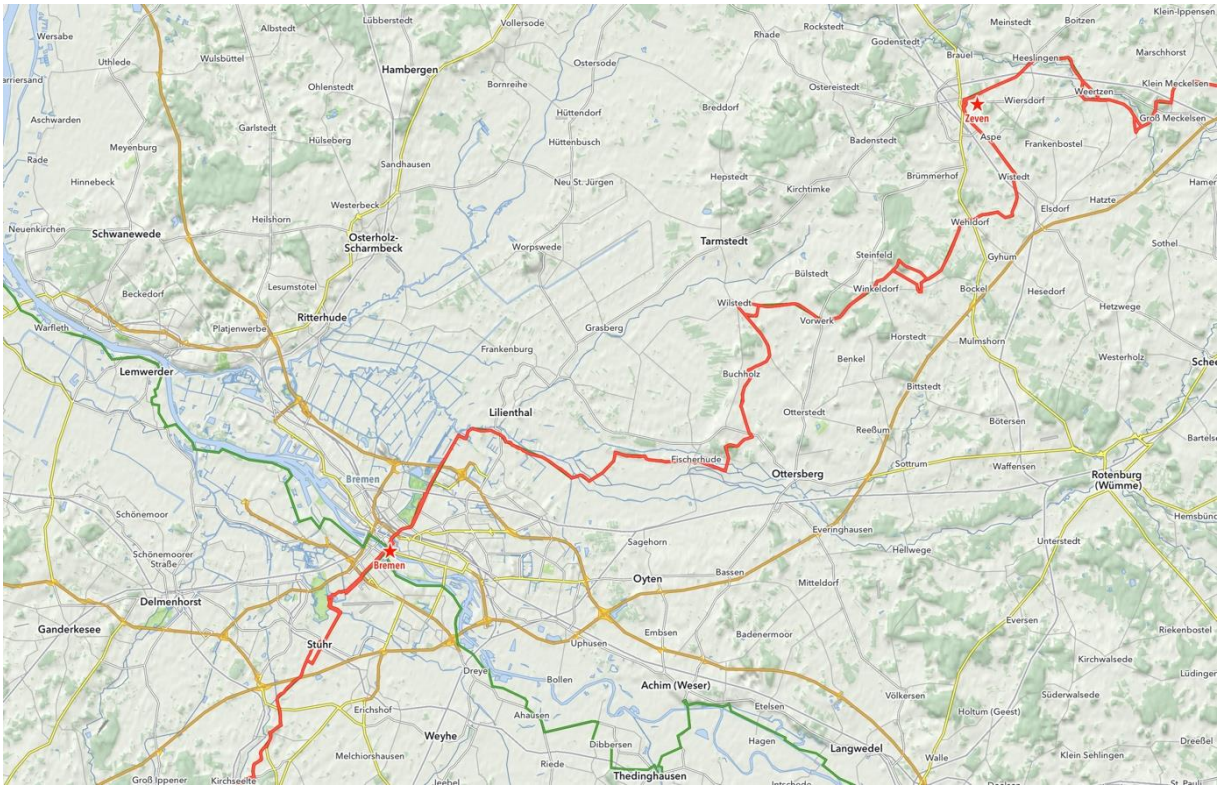
Etape 30

Semaine 7

Lundi 16.8.2021

Zeven – Bremen

63km (2028)



<u>Etape 31</u>

Semaine 7

Mardi 17.8.2021

Bremen – Vechta

71km (2099)

<u>Étape 32</u>

Semaine 7

Mercredi 18.8.2021

VechtaOsnarbruck

Total km(2185)

Etape Pause
Semaine 7
Jeudi 19.8.2021
Osnarbruck –
0km (2185)

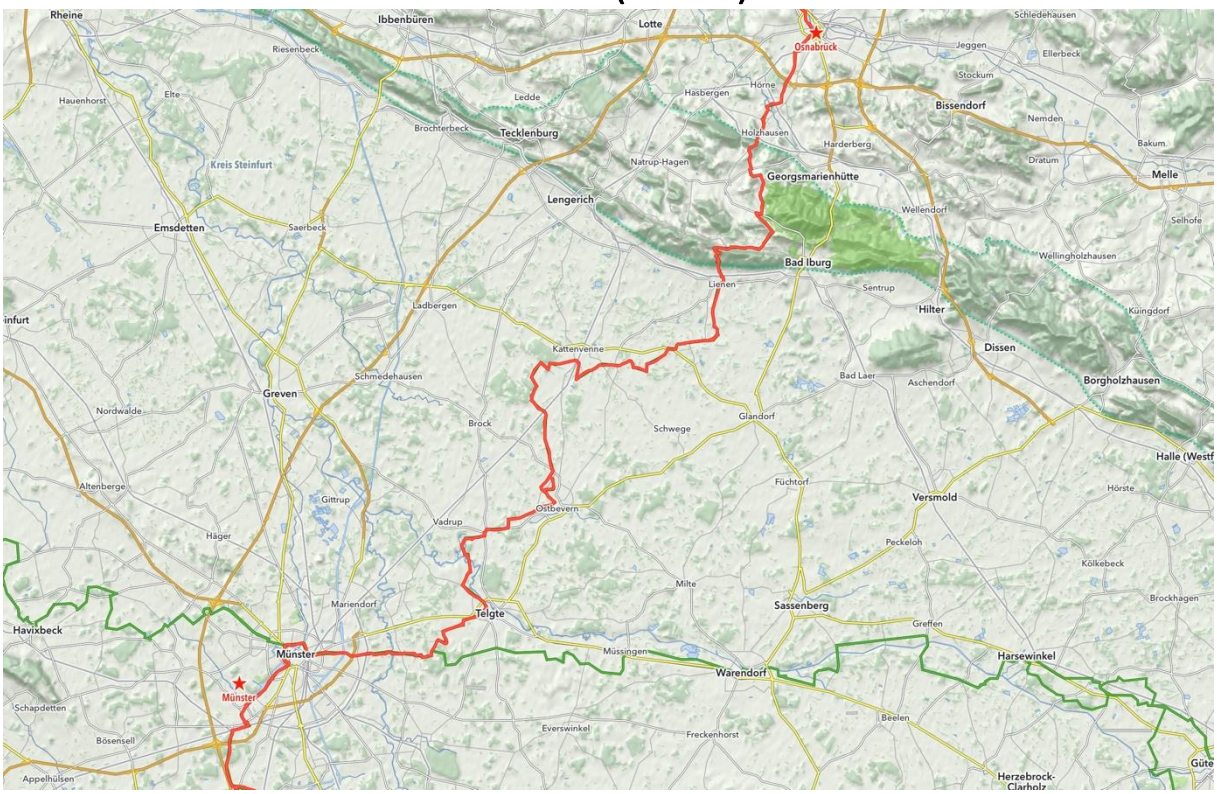
<u>Etape 33</u>

Semaine 7

Vendredi 20.8.2021

Osnarbruck – Münster

74km (2259)



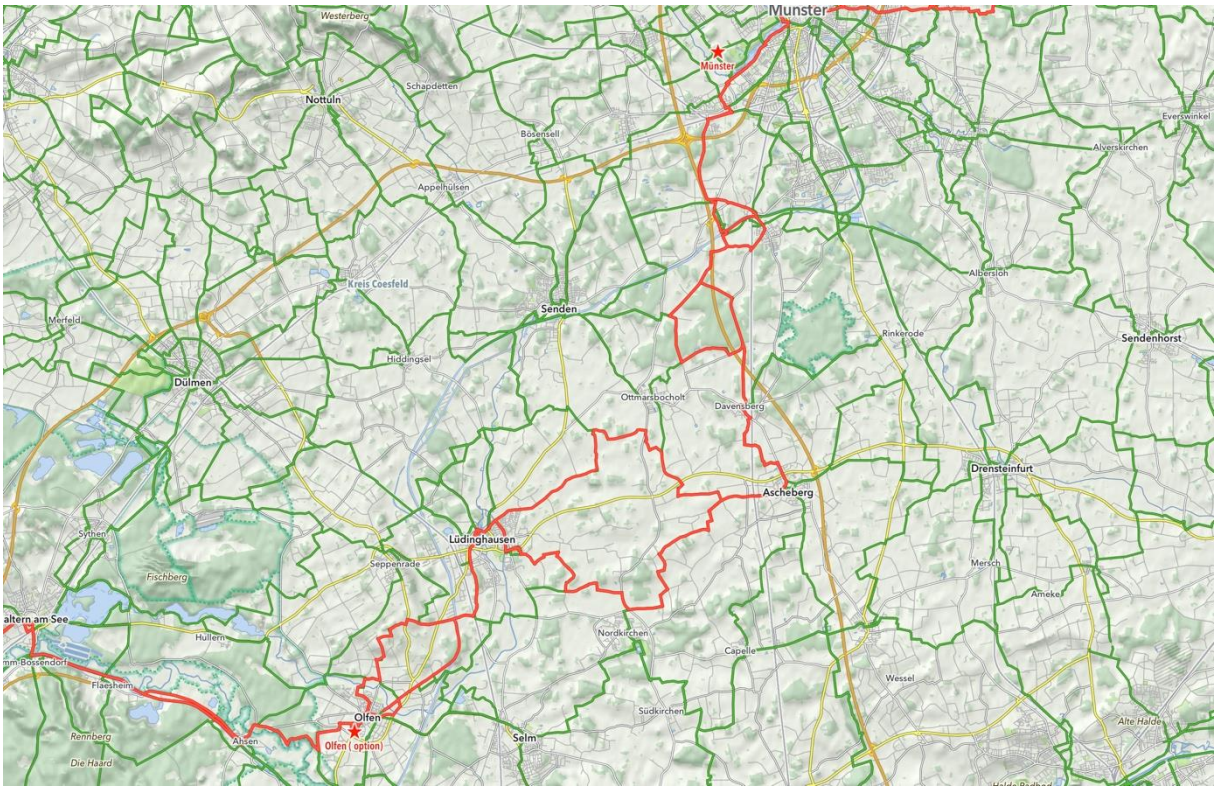
Etape 34

Semaine 7

Samedi 21.8.2021

Münster – Olfen

63km (2322)



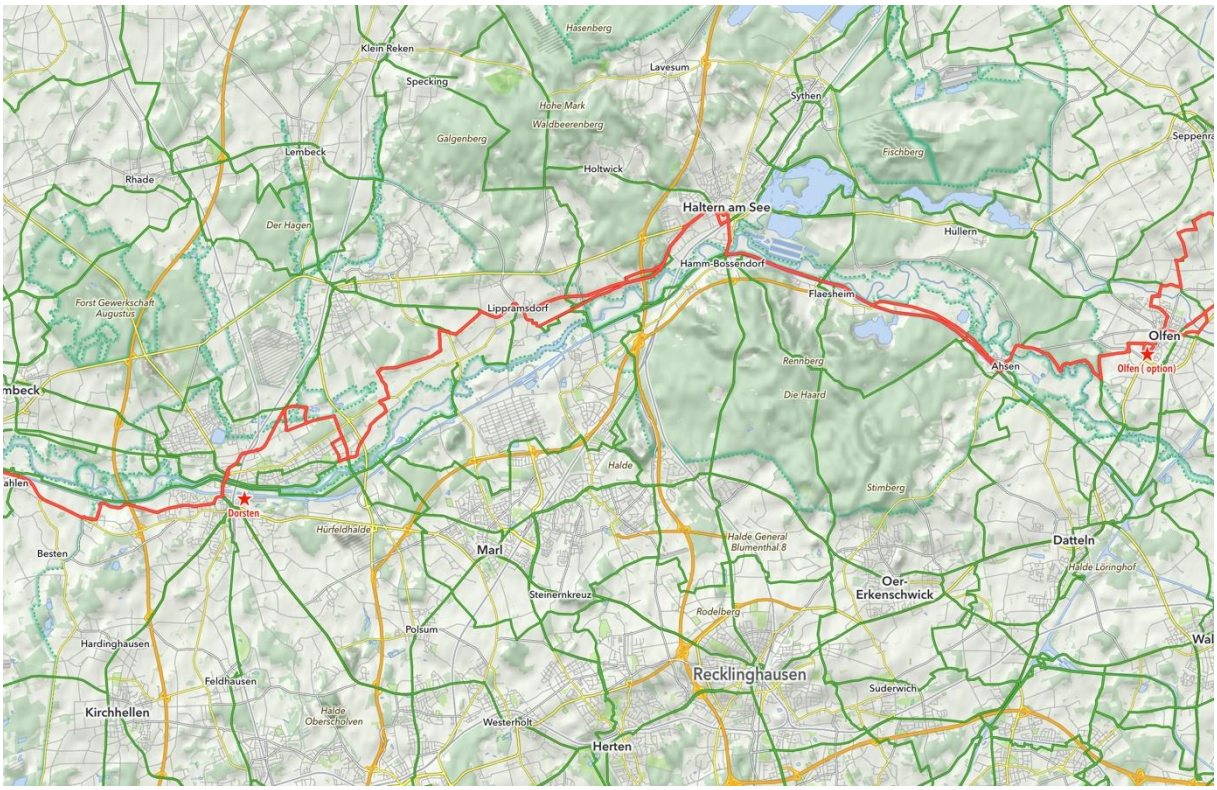
Etape 35

Semaine 8

Dimanche 22.8.2021

Olfen – Dorsten

41km (2363)



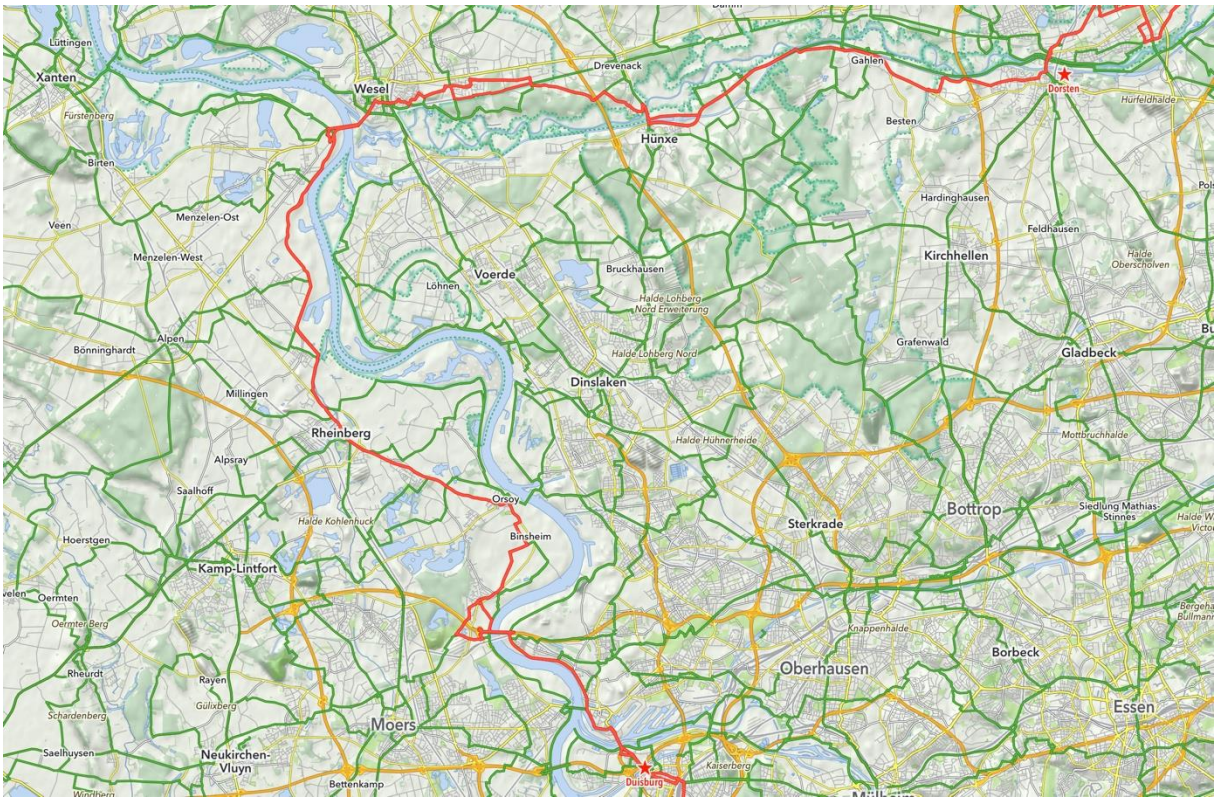
<u>Étape 36</u>

Semaine 8

Lundi 23.8.2021

Dorsten – Duisburg

Total km(2428)



Pause
Semaine 8
Mardi 24.8.2021
Duisburg –
0km (2428)

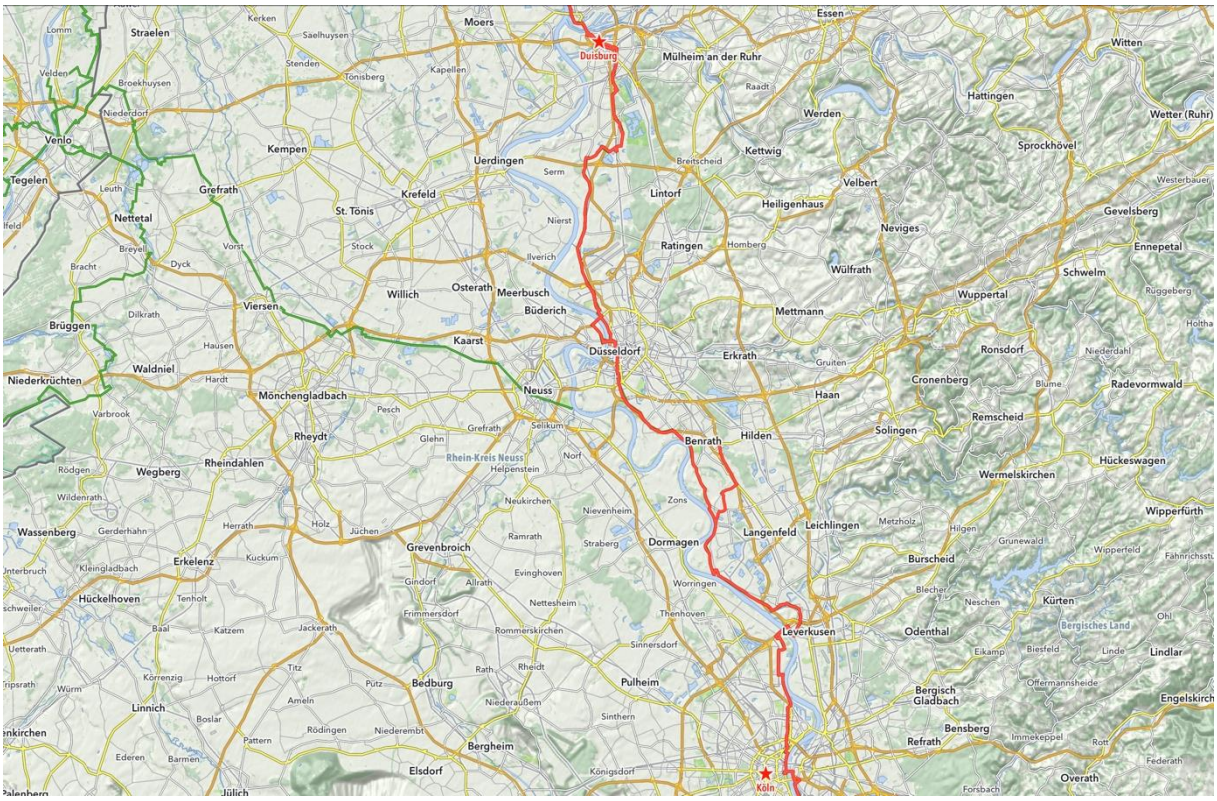
<u>Etape 37</u>

Semaine 8

Mercredi 25.8.2021

Duisburg – Köln

78km (2506)



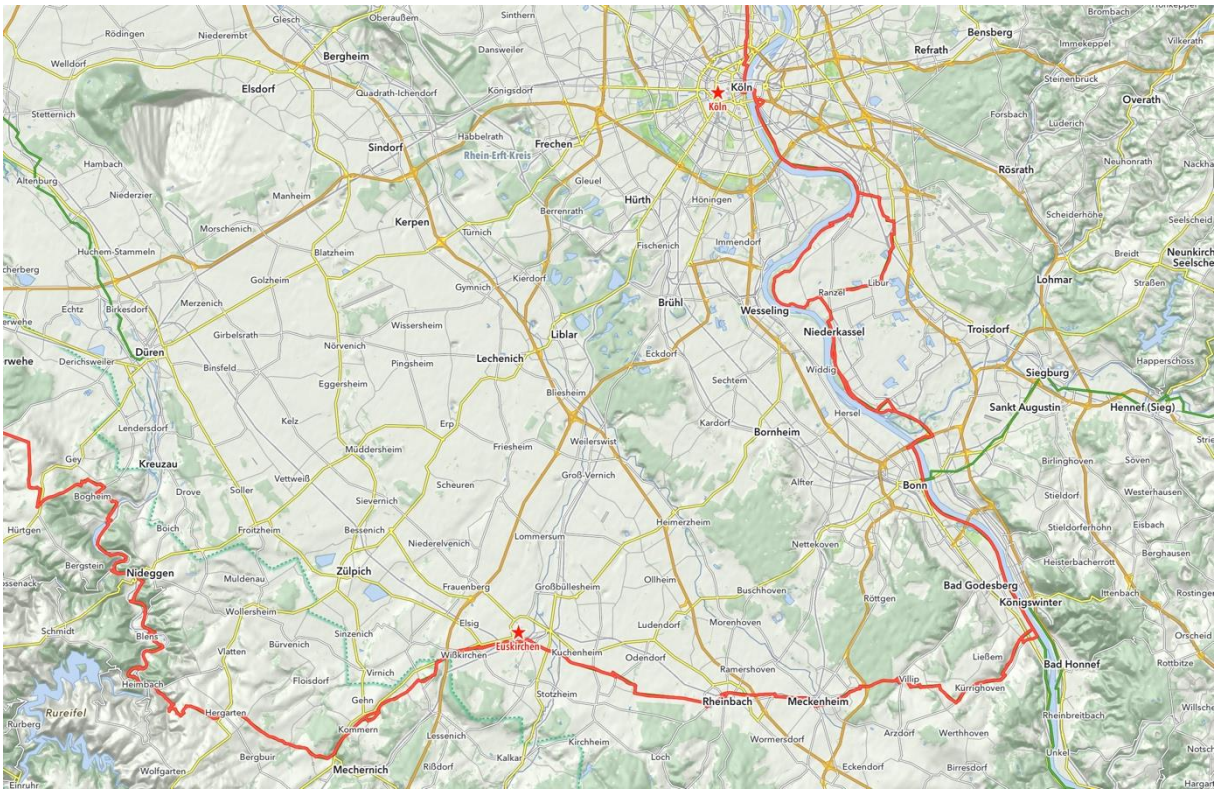
Etape 38

Semaine 8

Jeudi 26.8.2021

Köln – Euskirchen

85km (2591)



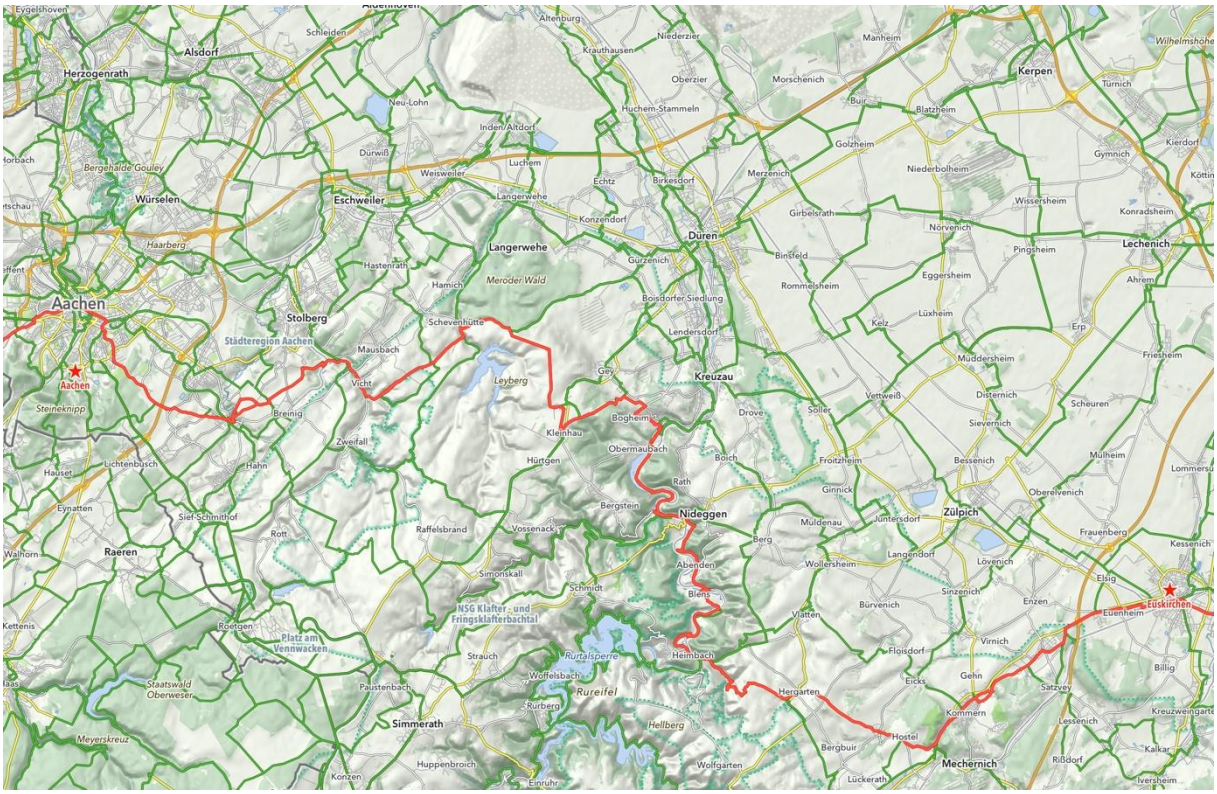
Etape 39

Semaine 8

Vendredi 27.8.2021

Euskirchen – Aix la Chapelle (Aachen)

90km (2681)



Pause

Semaine 8

Samedi 28.8.2021

Aix la Chapelle (Aachen)

Total km(2681)

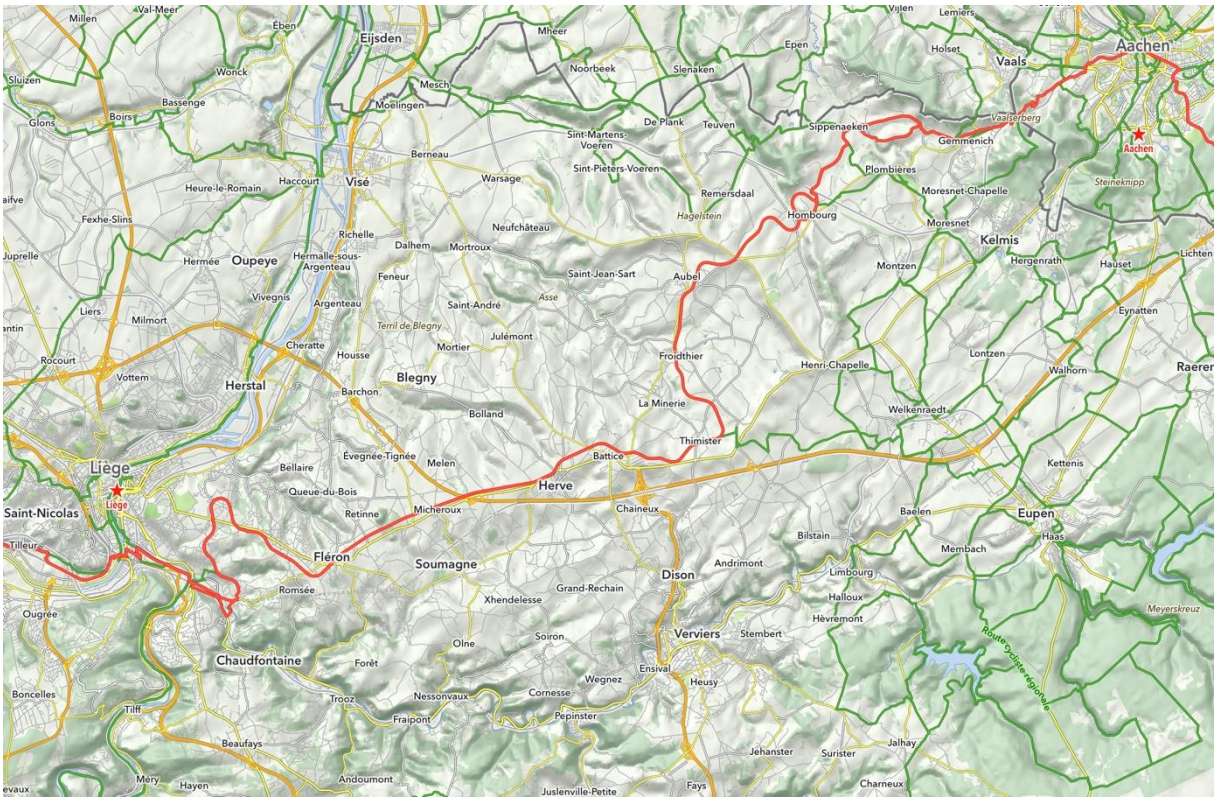
Etape 40

Semaine 9

Dimanche 29.8.2021

Aix la Chapelle (Aachen) – Liège

59km (2740)



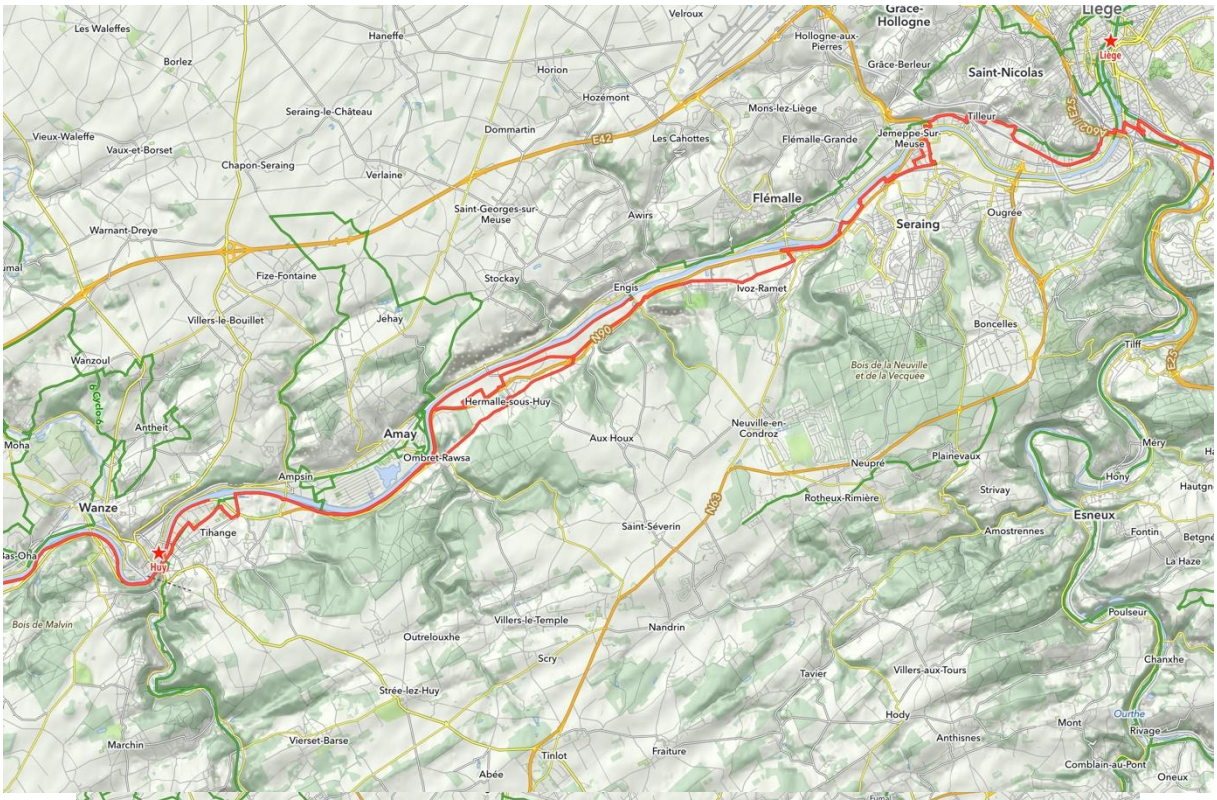
Etape 41

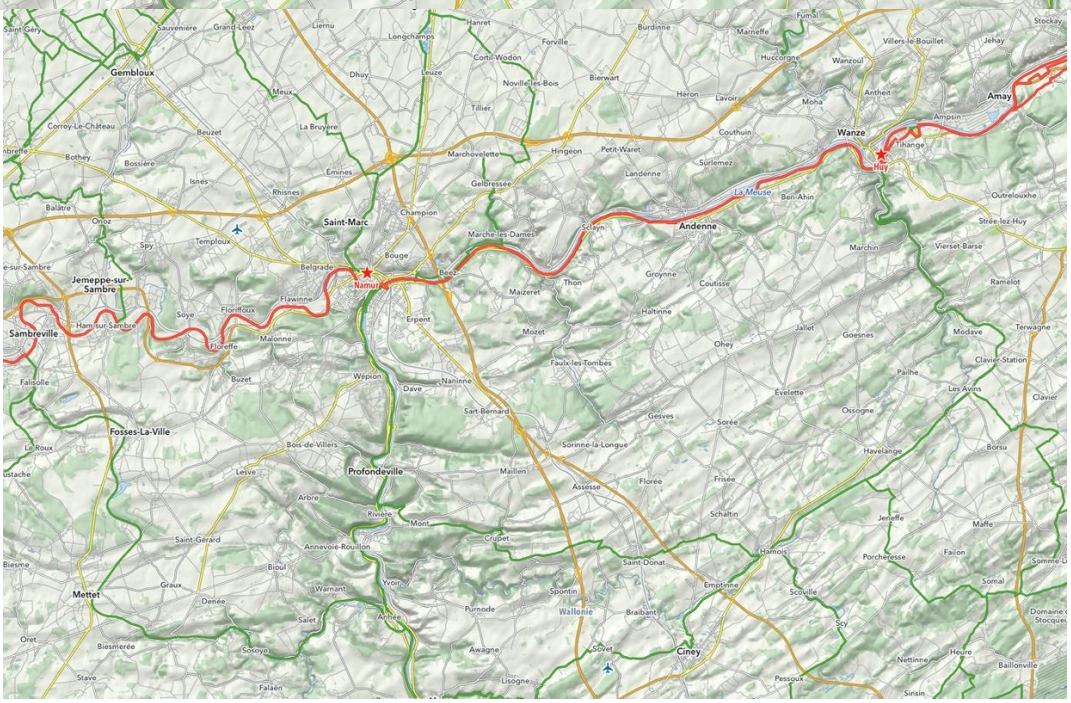
Semaine 9

Lundi 30.8.2021

Liège – Namur

65km (2805)





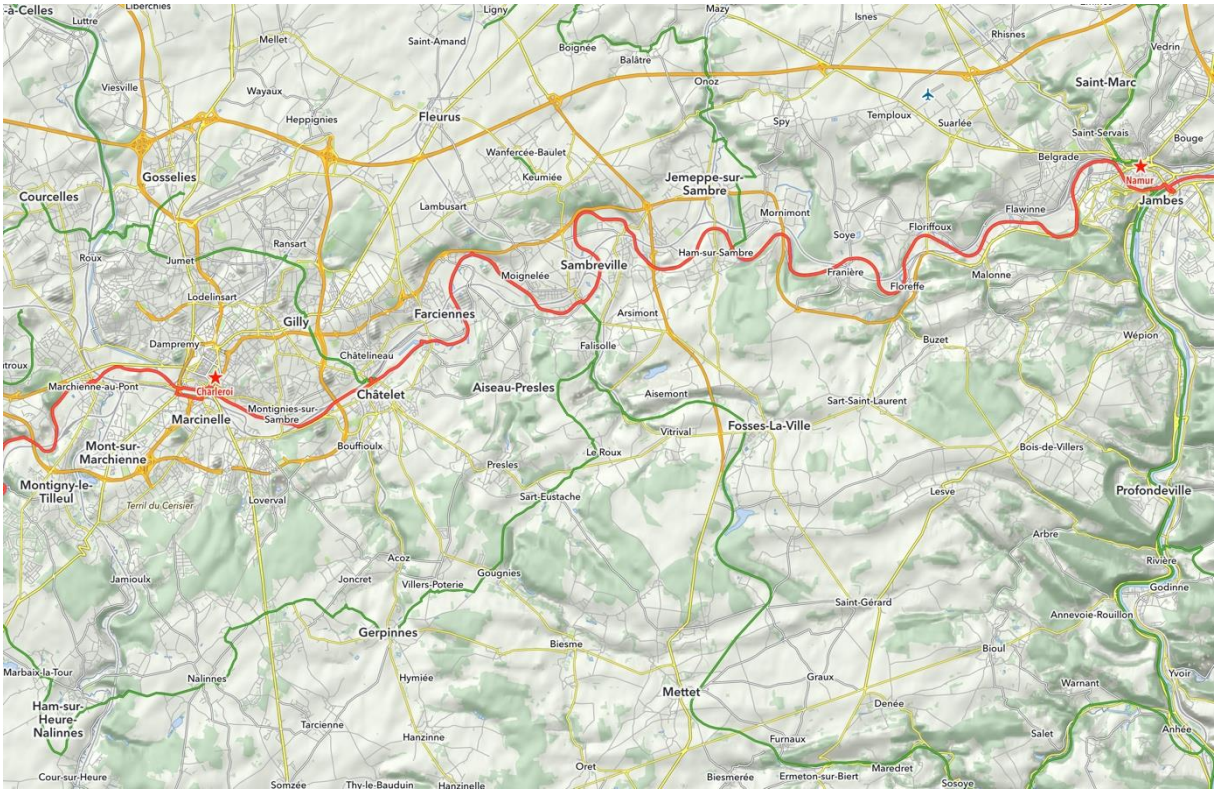
Etape 42

Semaine 9

Mardi 31.8.2021

Namur – Charleroi

49km (2854)



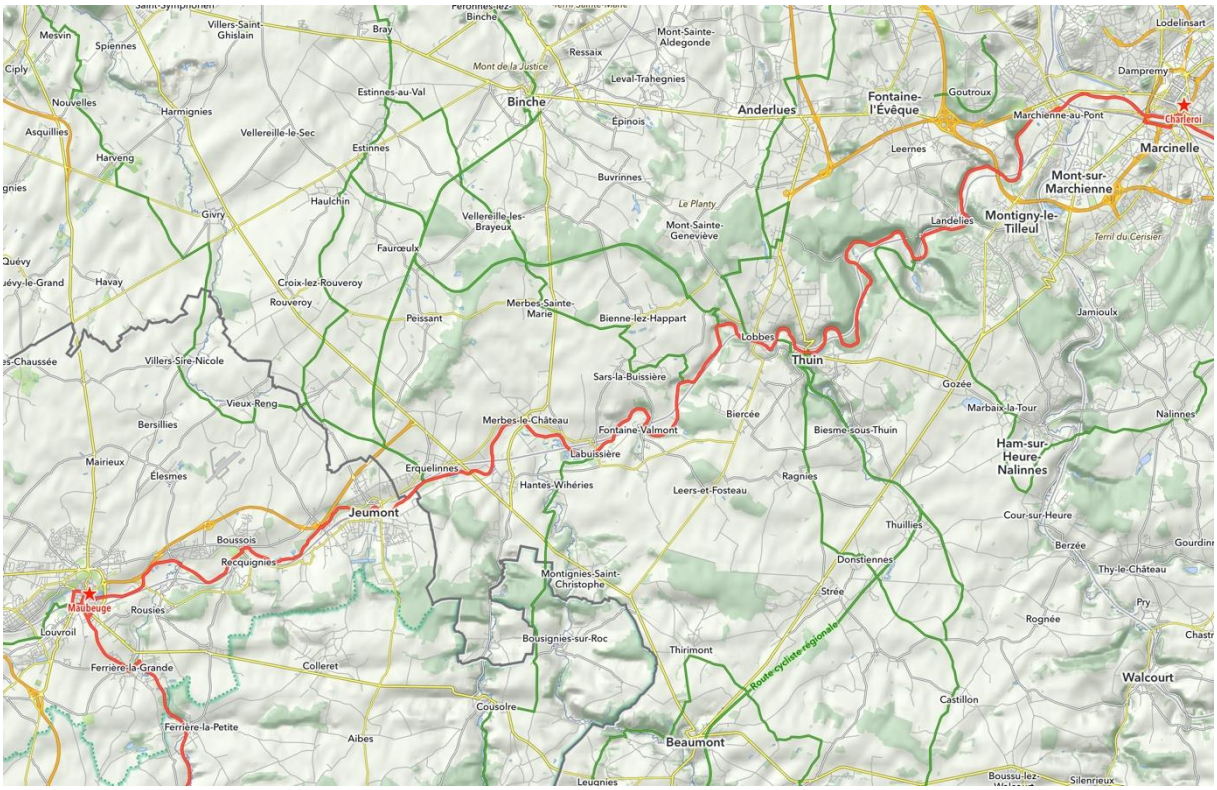
43

Semaine 9

Mercredi 1.9.2021

Charleroi – Maubeuge

Total km(2906)



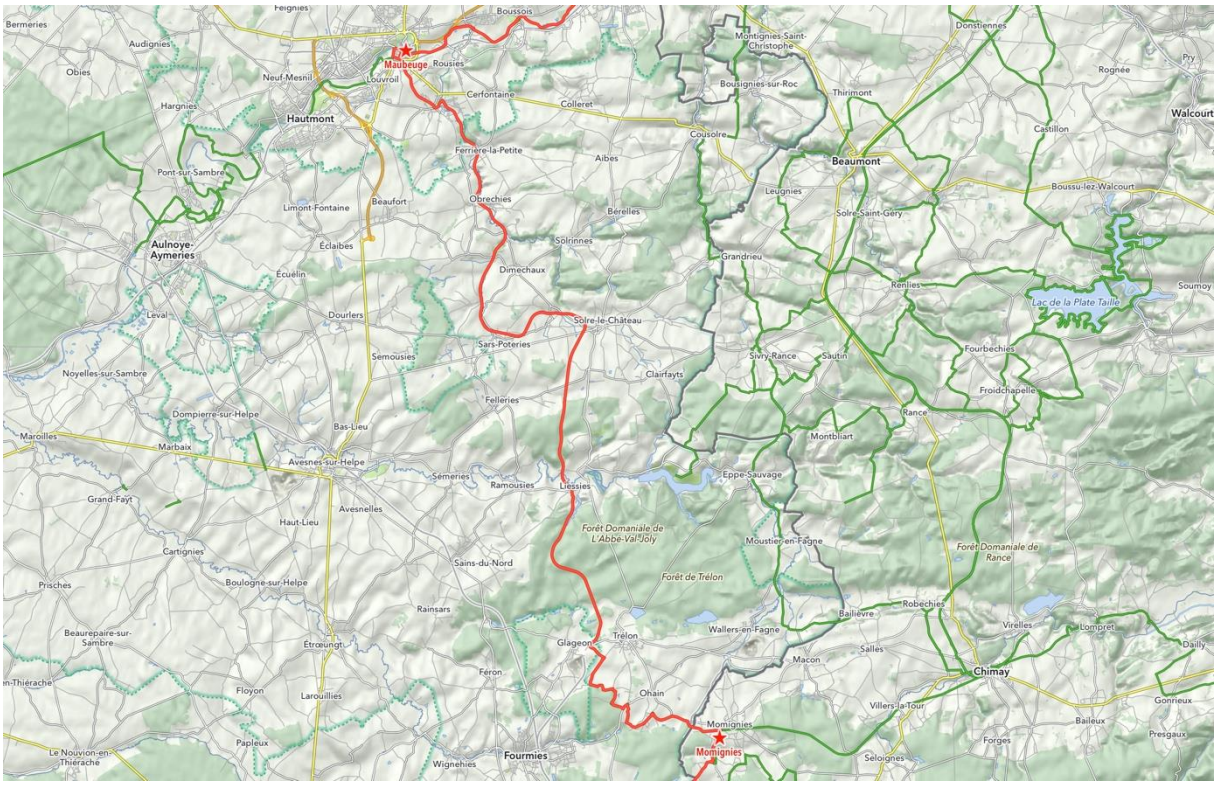
Etape 44

Semaine 9

Jeudi 2.9.2021

Maubeuge – Momignies

46km (2952)



Pause
Semaine 9
Vendredi 3.9.2021
Momignies –
0km (2952)

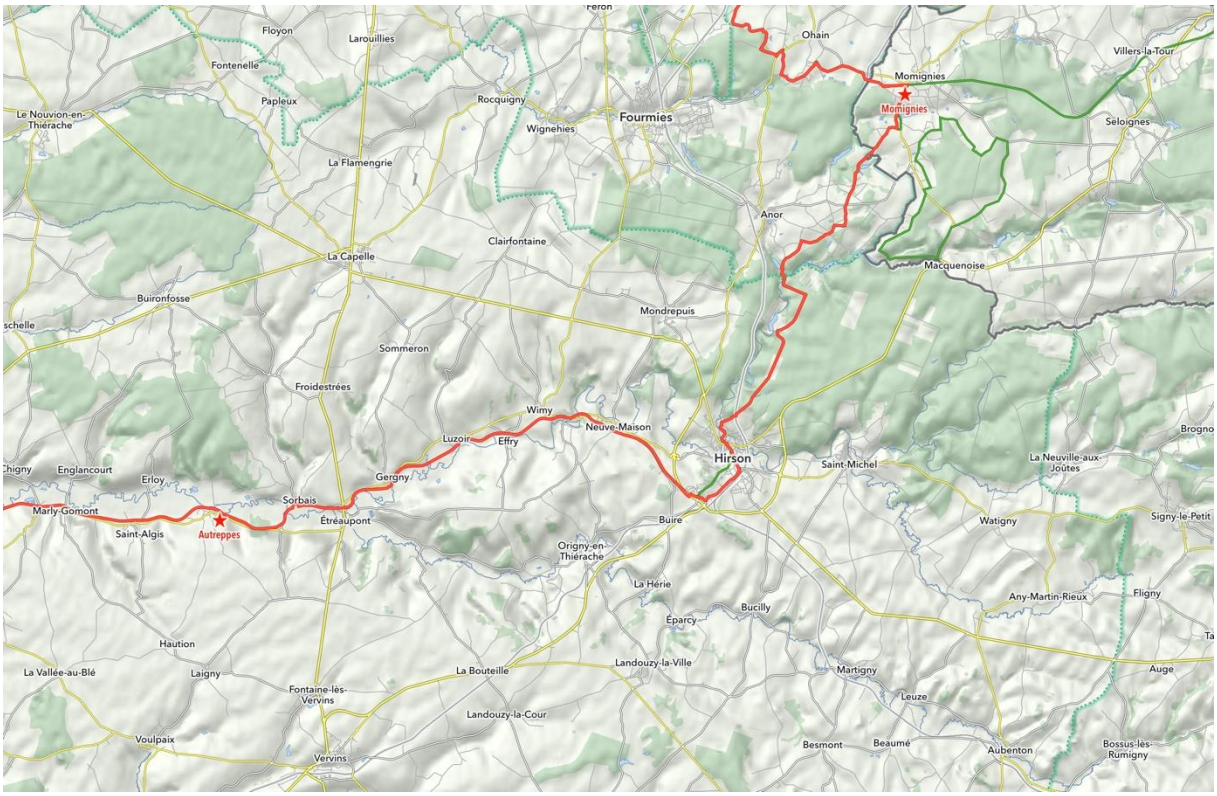
<u>Etape 45</u>

Semaine 9

Samedi 4.9.2021

Momignies – Autreppes

36km (2988)



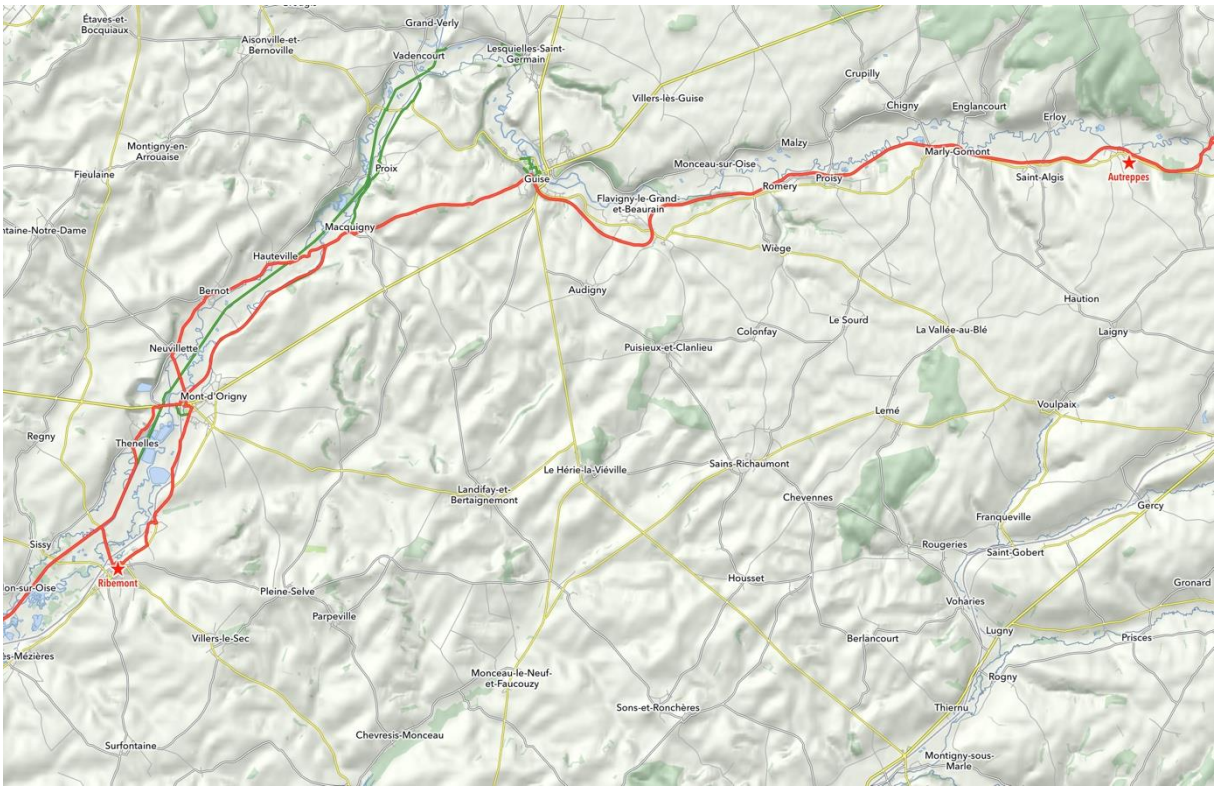
Etape 46

Semaine 10

Dimanche 5.9.2021

Autreppes – Ribemont

38km (3026)



Etape 47

Semaine 10

Lundi 6.9.2021

Ribemont – Chauny

34km (3060)

Étape 48

Semaine 10

Mardi 7.9.2021

Chauny – Compiègne

Total km(3105)

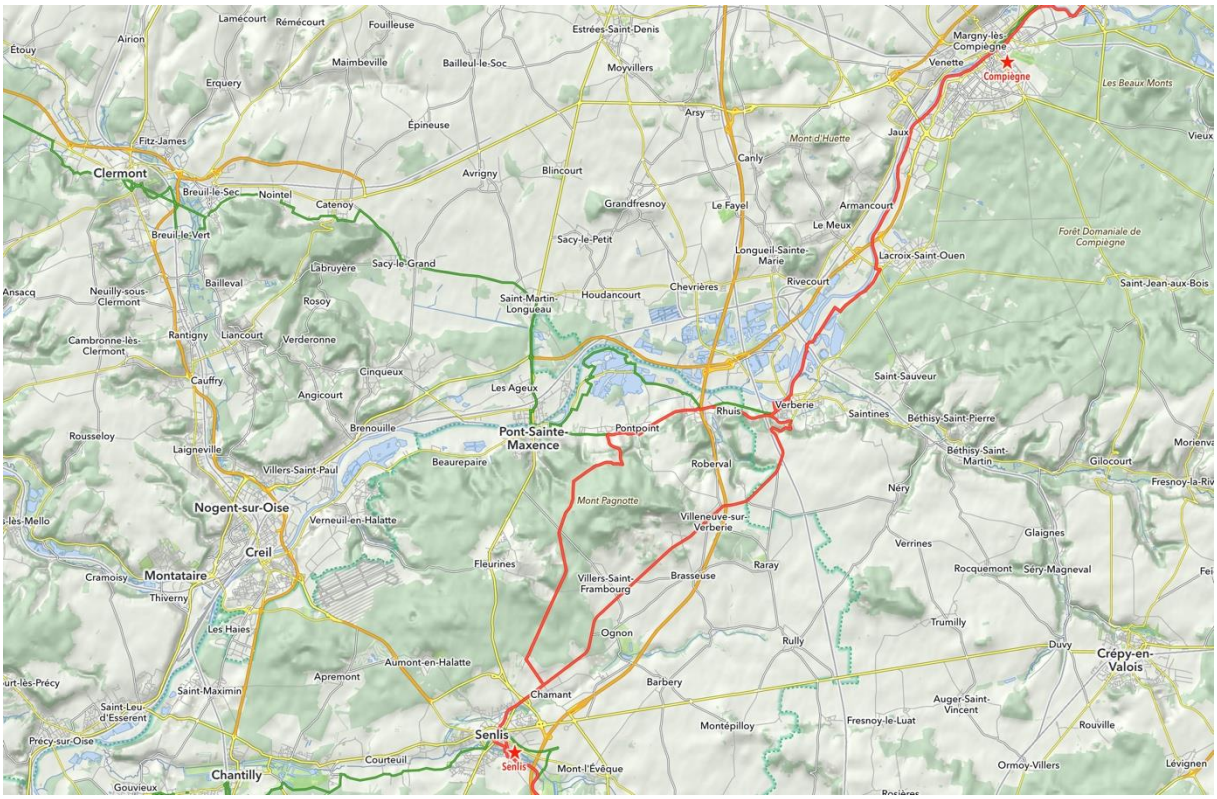
Etape 49

Semaine 10

Mercredi 8.9.2021

Compiègne – Senlis

37km (3142)



Pause
Semaine 10
Jeudi 9.9.2021
Senlis –
0km (3142)

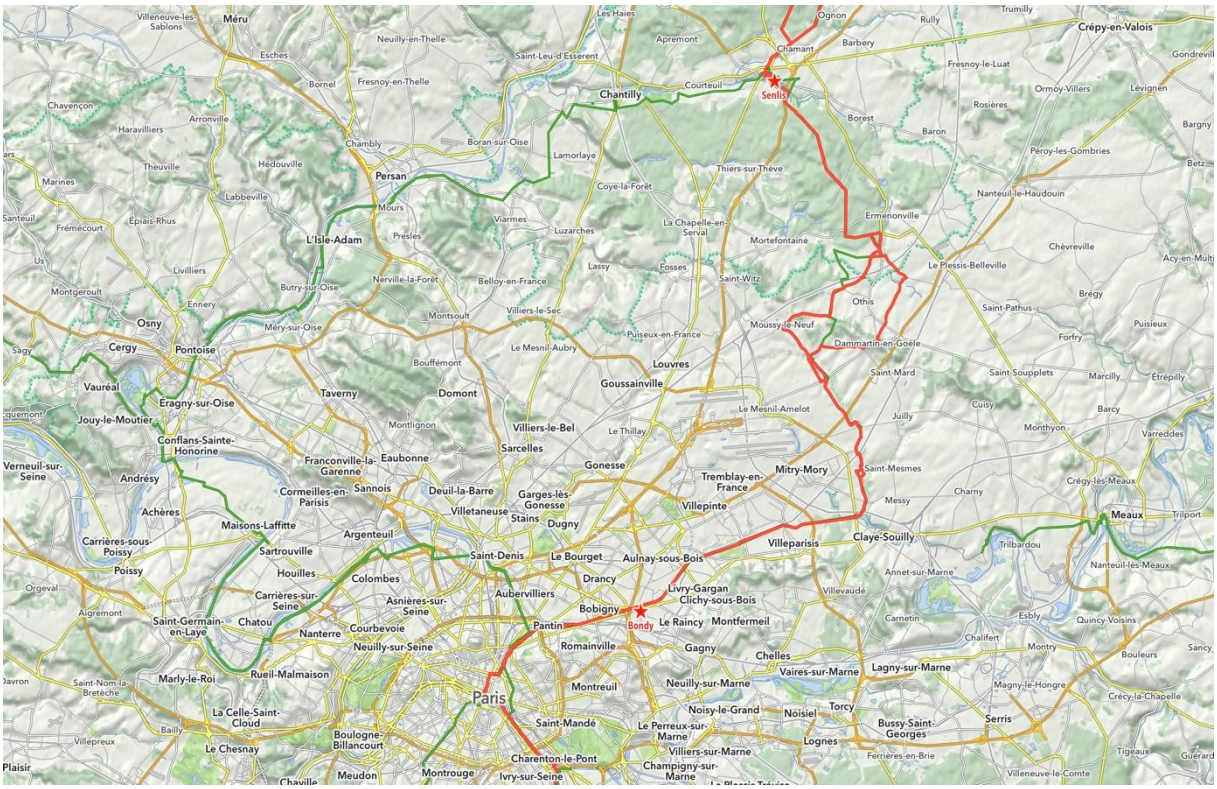
Etape 50

Semaine 10

Vendredi 10.9.2021

Senlis – Moussy le neuf

57km (3199)



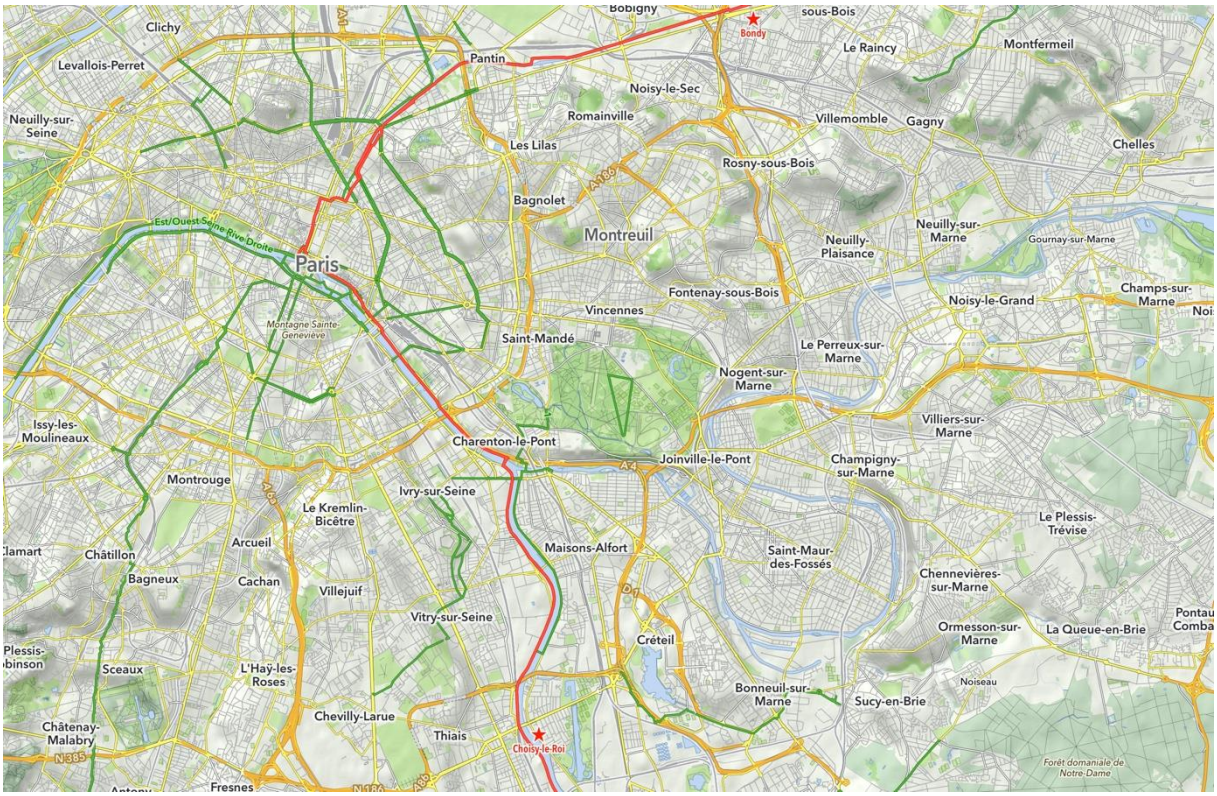
Etape 51

Semaine 10

Samedi 11.9.2021

Bondy Paris – Choisy le Roi

28km (3227)



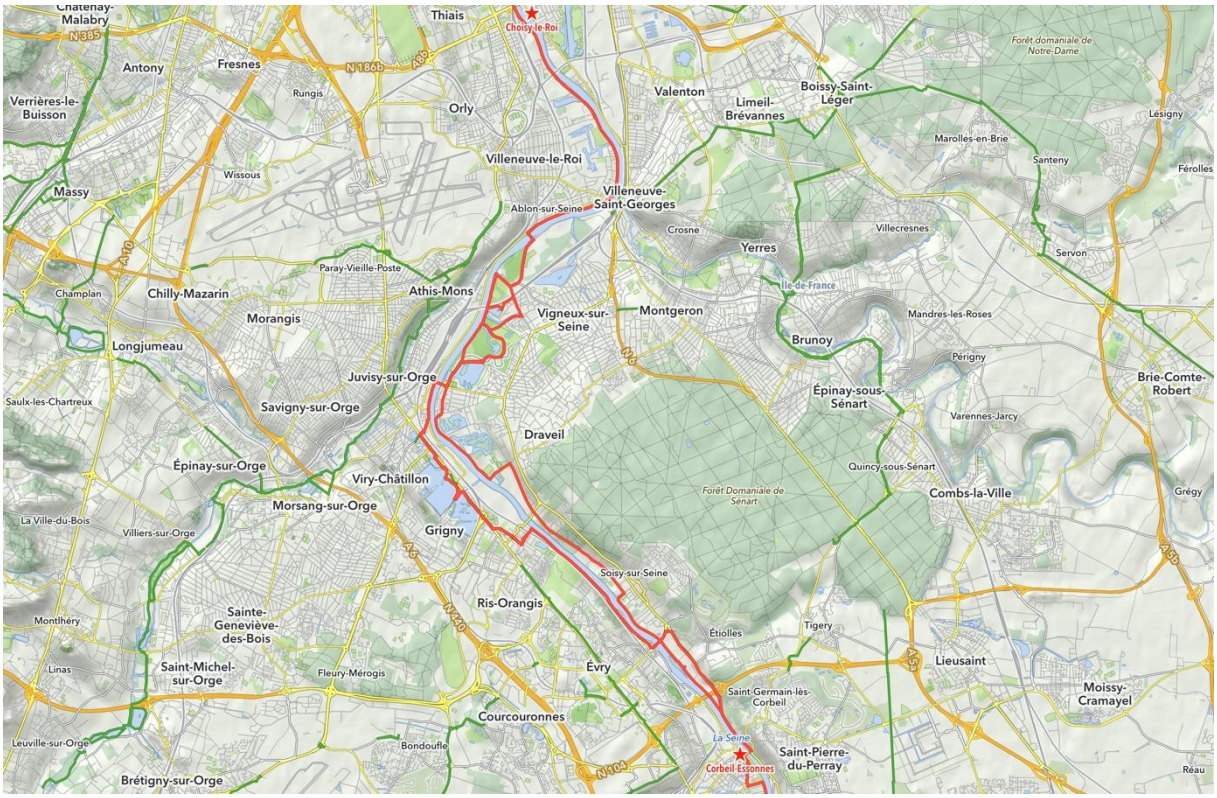
Etape 52

Semaine 11

Dimanche 12.9.2021

Choisy le Roi – Corbeilles Essonnes

25km (3252)



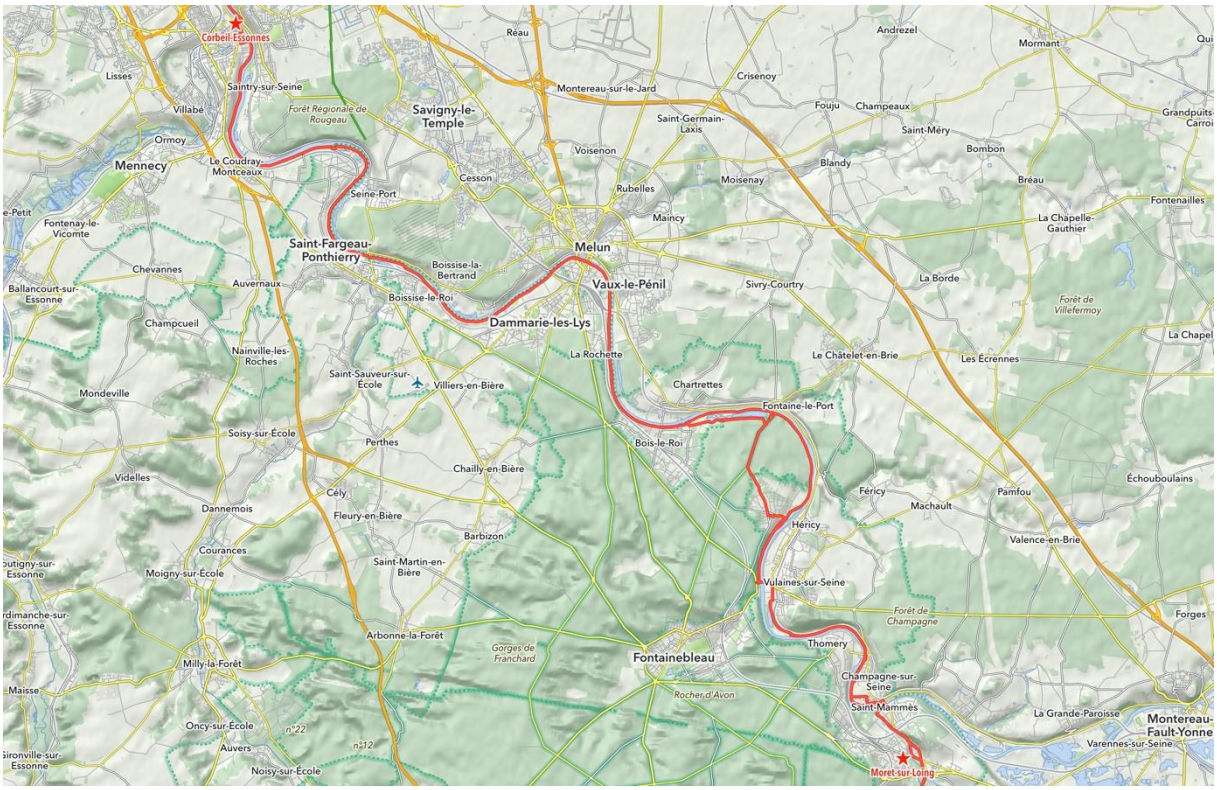
Étapes 53

Semaine 11

Lundi 13.9.2021

Corbeilles Essonnes – Moret sur Loing

Total km(3308)



Etape Pause
Semaine 11
Mardi 14.9.2021
Moret sur Loing –
0km (3308)

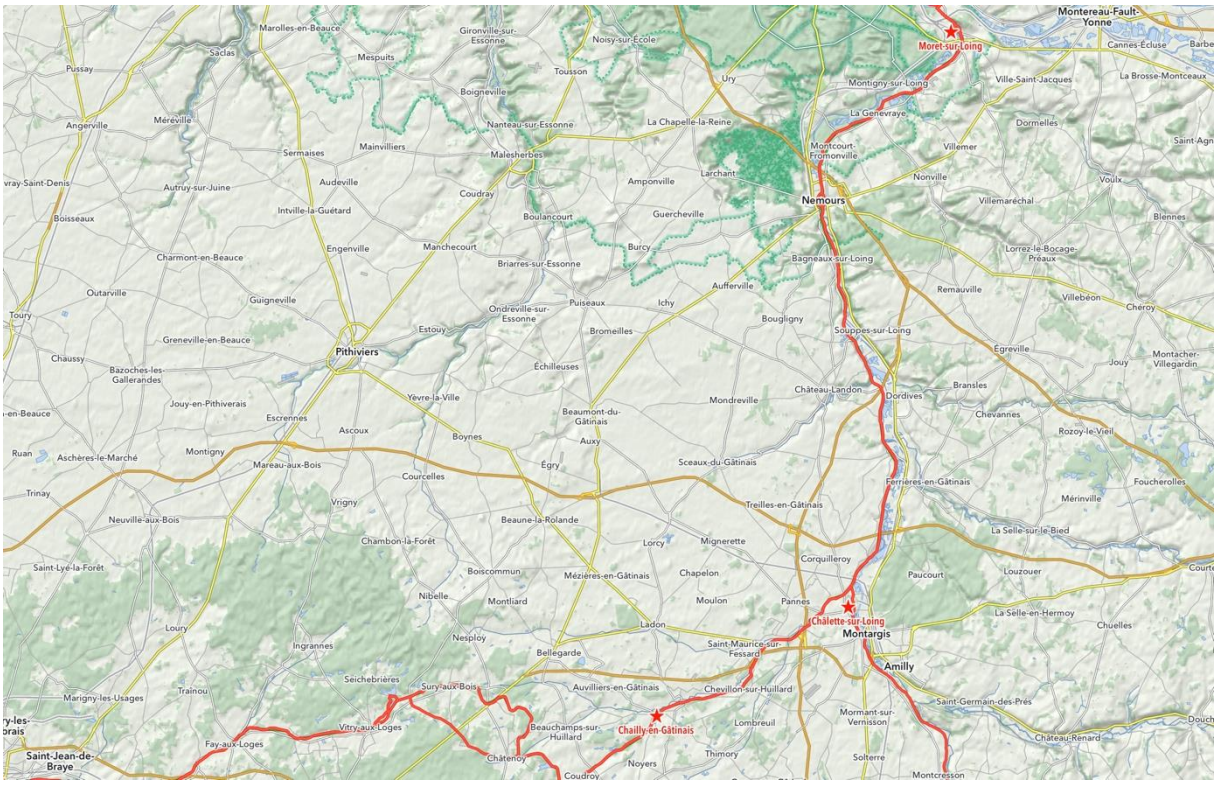
Etape 54

Semaine 11

Mercredi 15.9.2021

Moret sur Loing – Chailly en Gatinais

65km (3373)



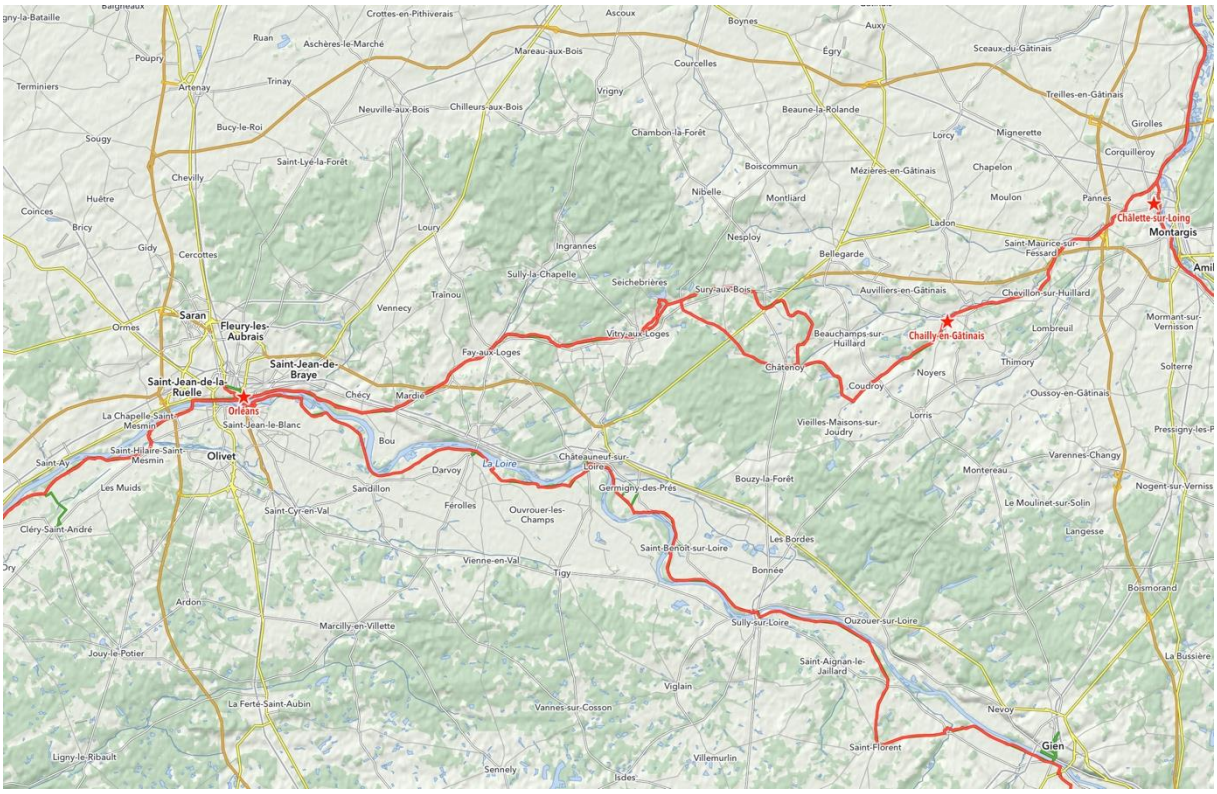
Etape 55

Semaine 11

Jeudi 16.9.2021

Chailly en Gatinais – Orléans

65km (3438)



Etape 56

Semaine 11

Vendredi 17.9.2021

Orléans – Blois

63km (3501)

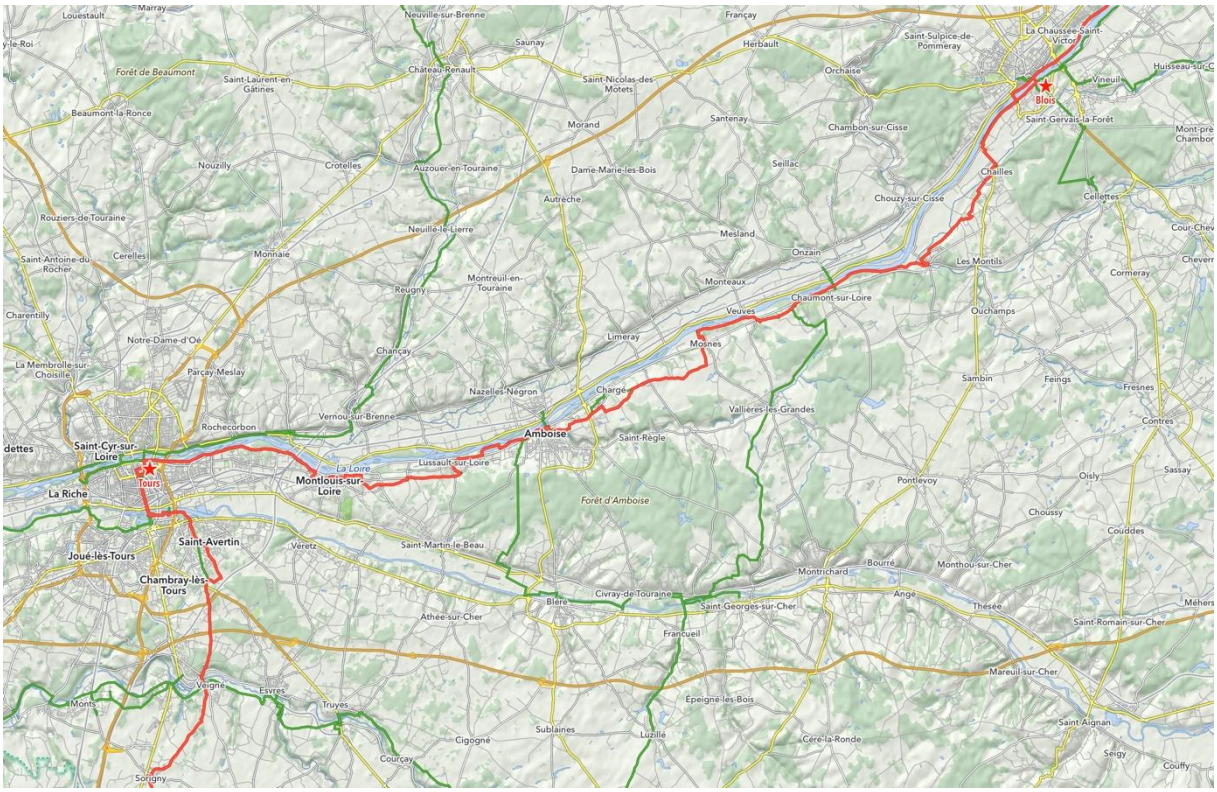
<u>Étape 57</u>

Semaine 11

Samedi 18.9.2021

Blois – Tour

Total km(3570)



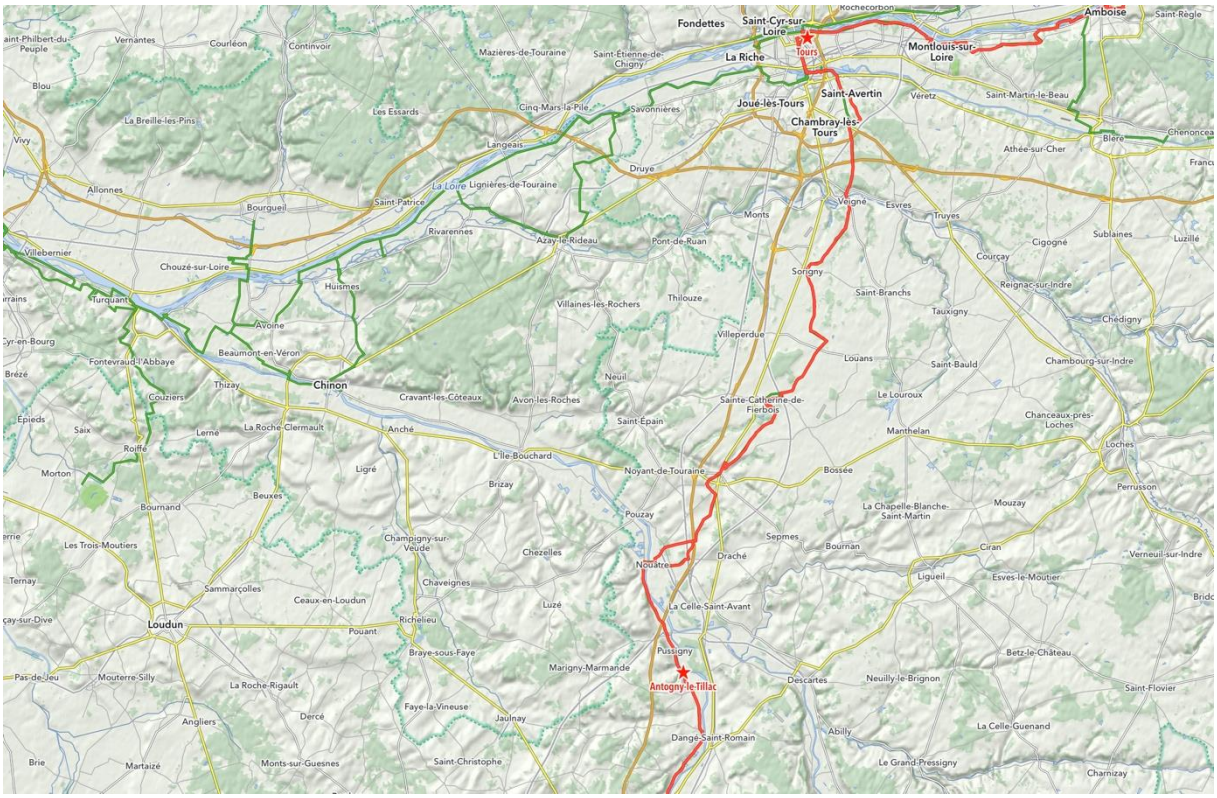
Etape 58

Semaine 12

Dimanche 19.9.2021

Tour – Antogny le Tillac

64km (3634)



Etape Pause
Semaine 12
Lundi 20.9.2021
Antogny le Tillac –
0km (3634)

Etape 59

Semaine 12

Mardi 21.9.2021

Antogny le Tillac – Vouneil sur Vienne

35km (3669)

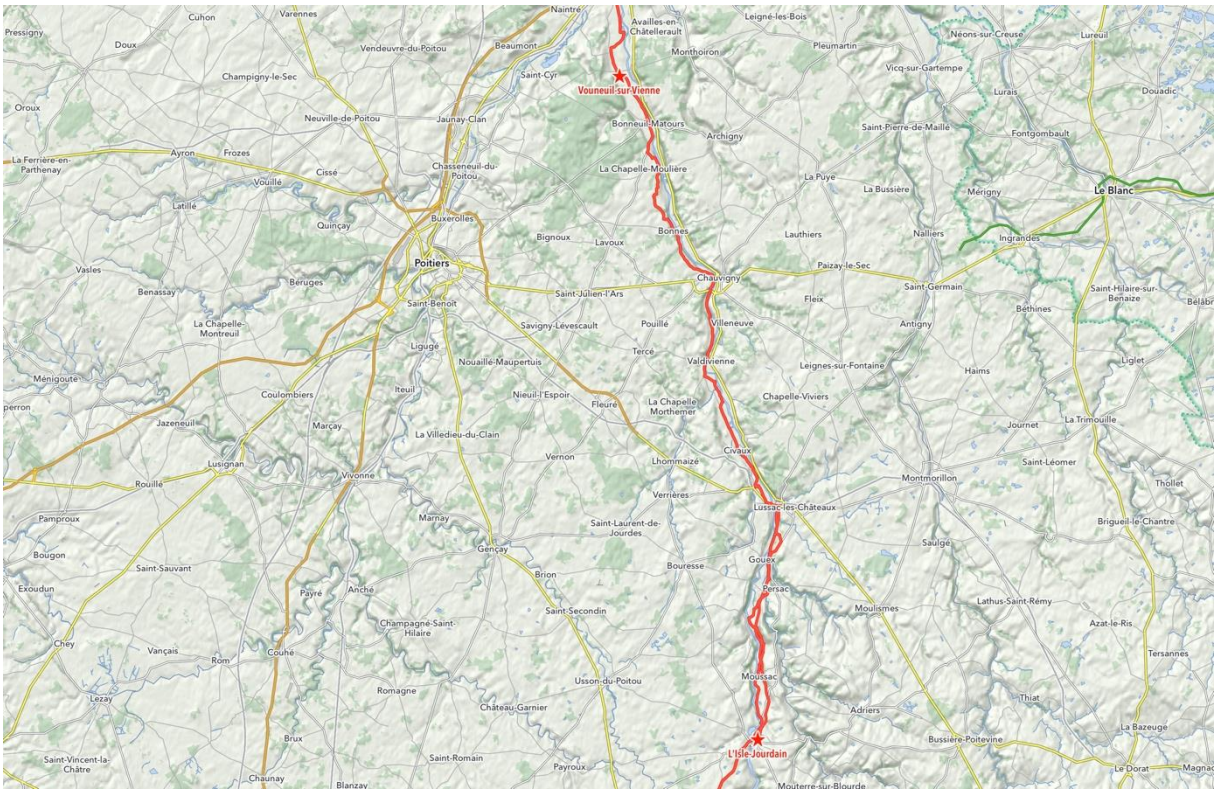
Etape 60

Semaine 12

Mercredi 22.9.2021

Vouneil sur Vienne – L'Isle Jourdain

65km (3734)



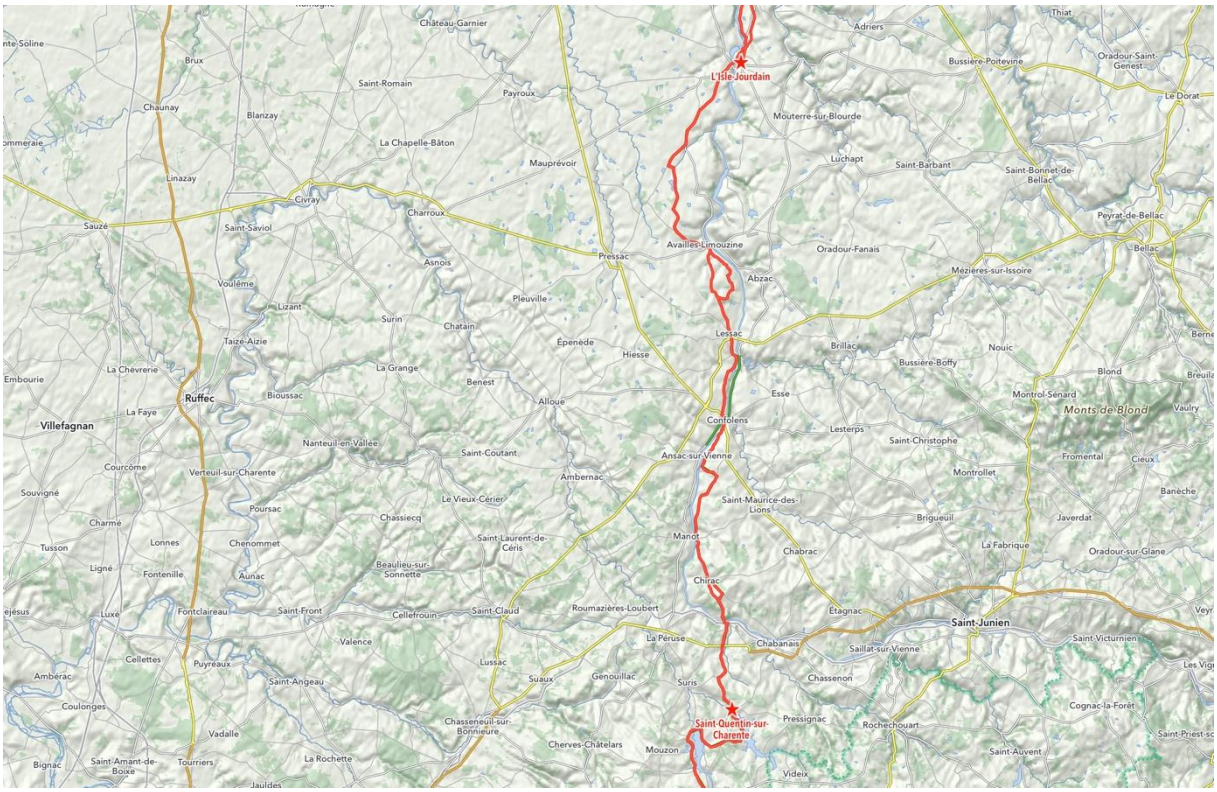
Etape 61

Semaine 12

Jeudi 23.9.2021

L'Isle Jourdain – St Quentin sur Charente

58km (3792)



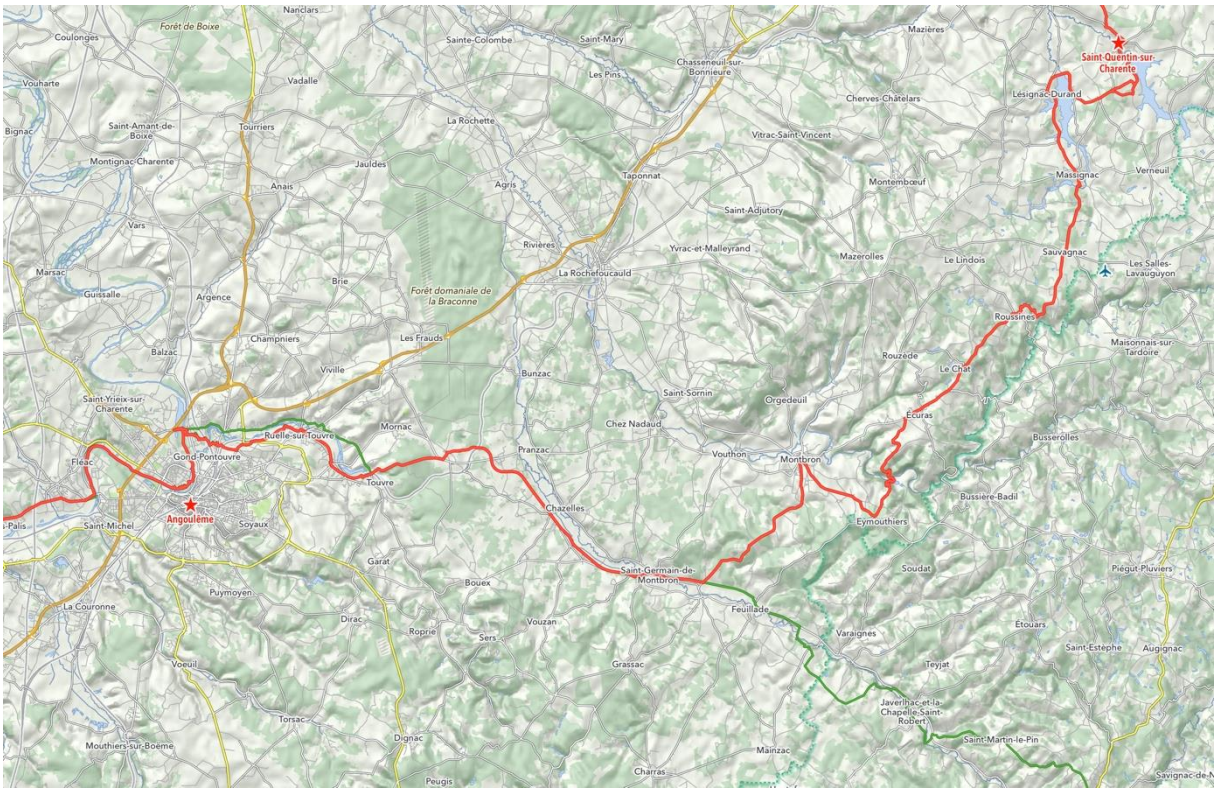
<u>Étape 62</u>

Semaine 12

Vendredi 24.9.2021

St Quentin sur Charente – Angoulême

Total km(3871)



Etape Pause
Semaine 12
Samedi 25.9.2021
Angoulême –
0km (3871)

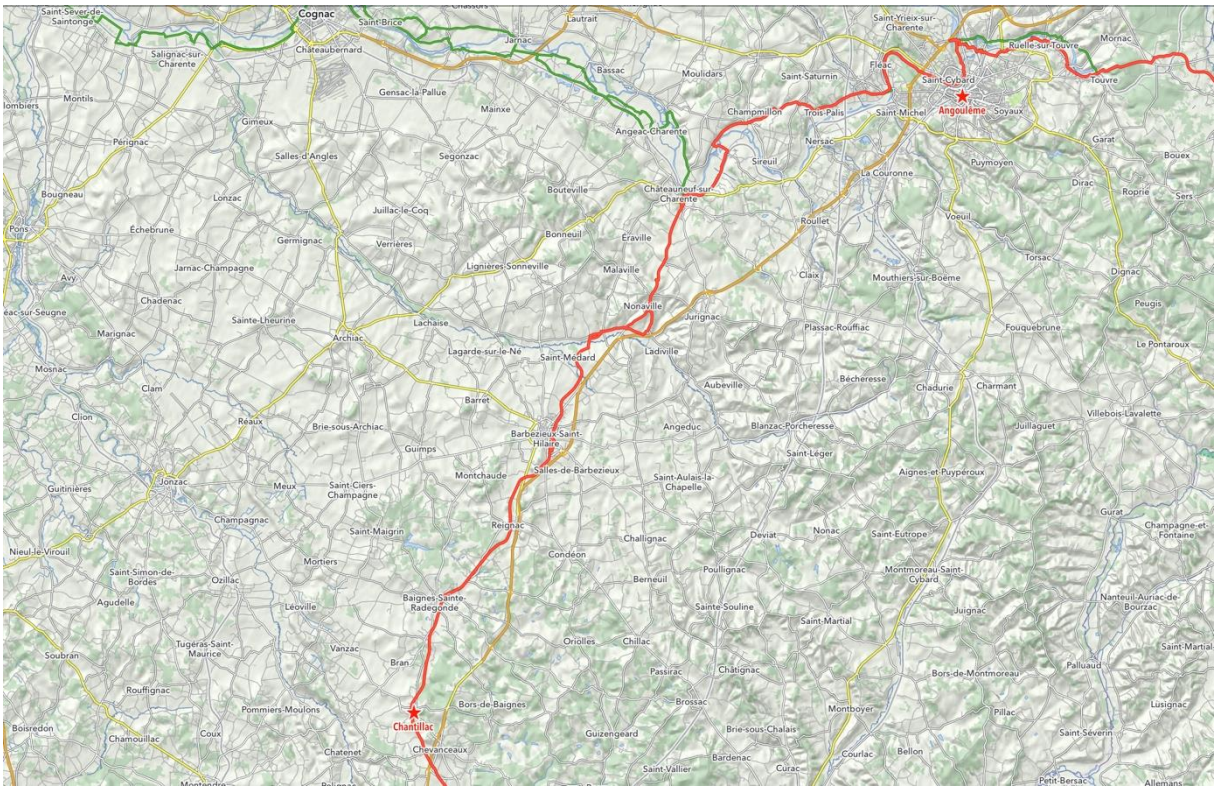
Etape 63

Semaine 13

Dimanche 26.9.2021

Angoulême – Chantillac

52km (3923)



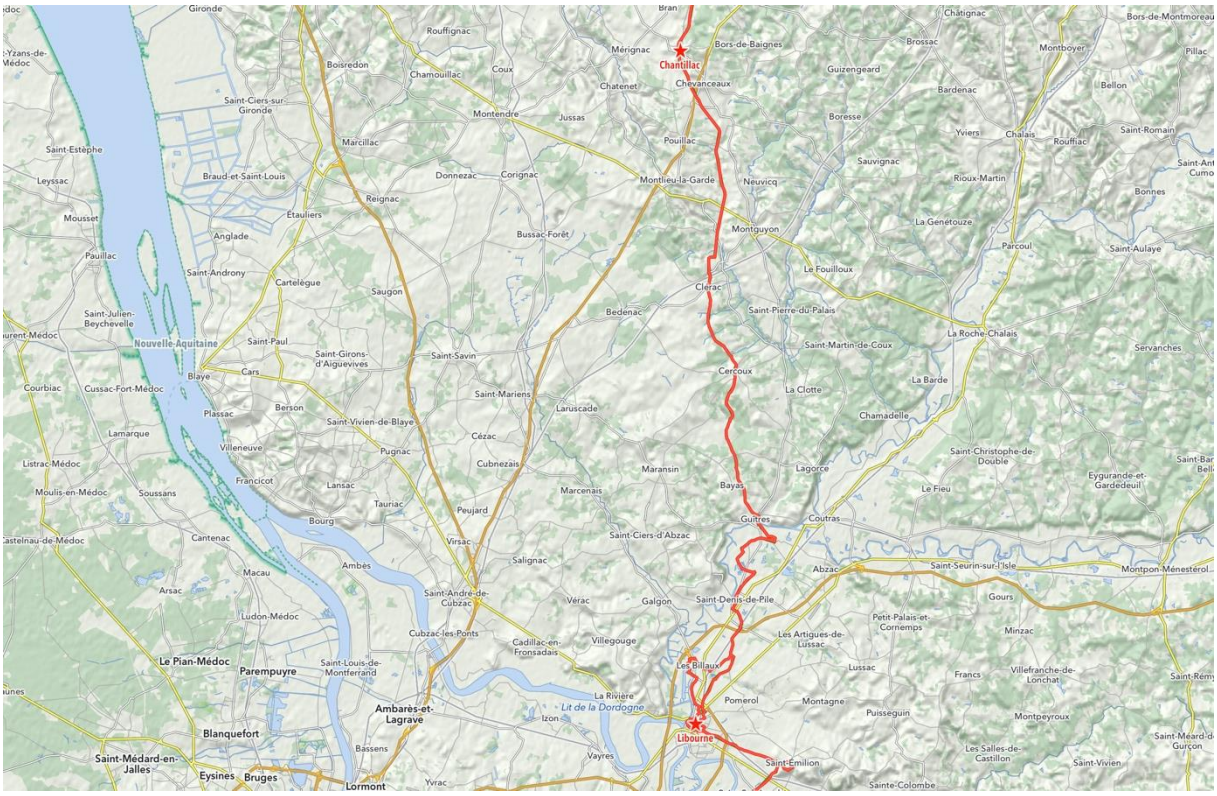
Etape 64

Semaine 13

Lundi 27.9.2021

Chantillac – Libourne

59km (3982)



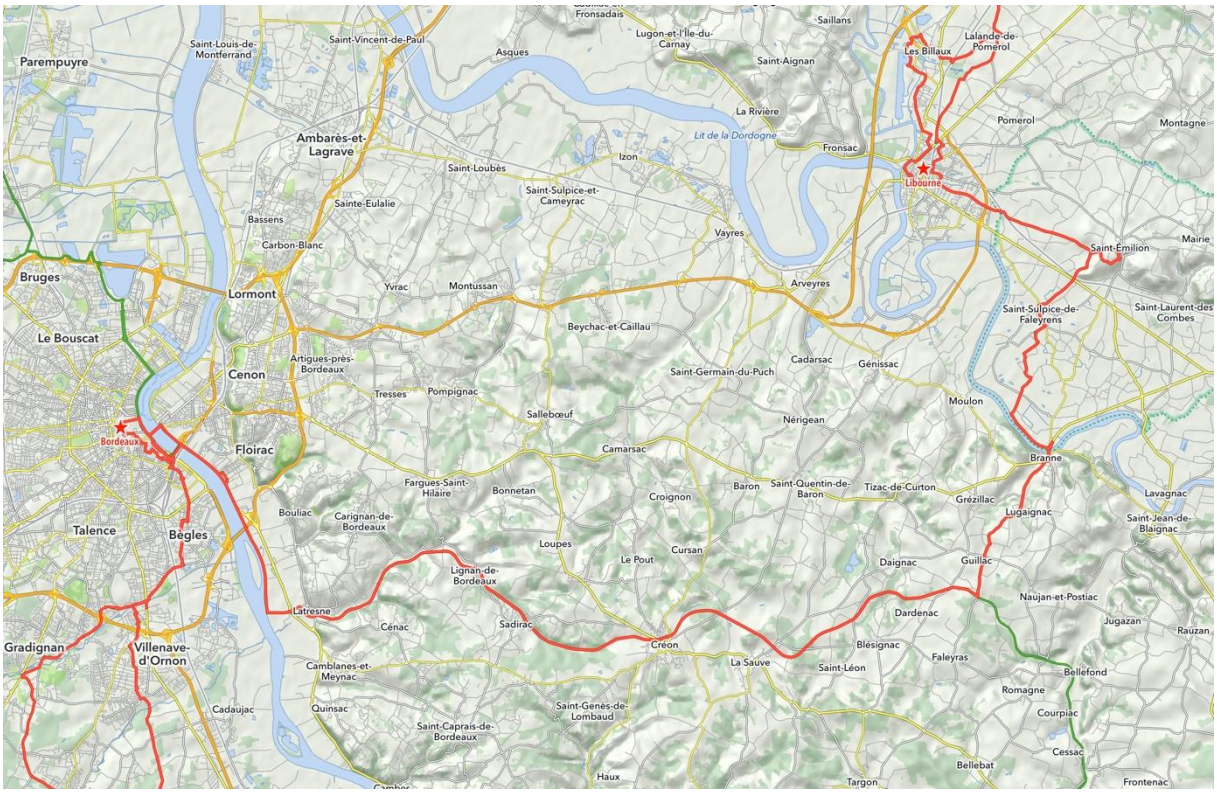
Etape 65

Semaine 13

Mardi 28.9.2021

Libourne – Bordeaux

60km (4042)



Pause
Semaine 13
Mercredi 29.9.2021
Bordeaux
Total km(4042)

Pause
Semaine 13
Jeudi 30.9.2021
Bordeaux –
0km (4042)

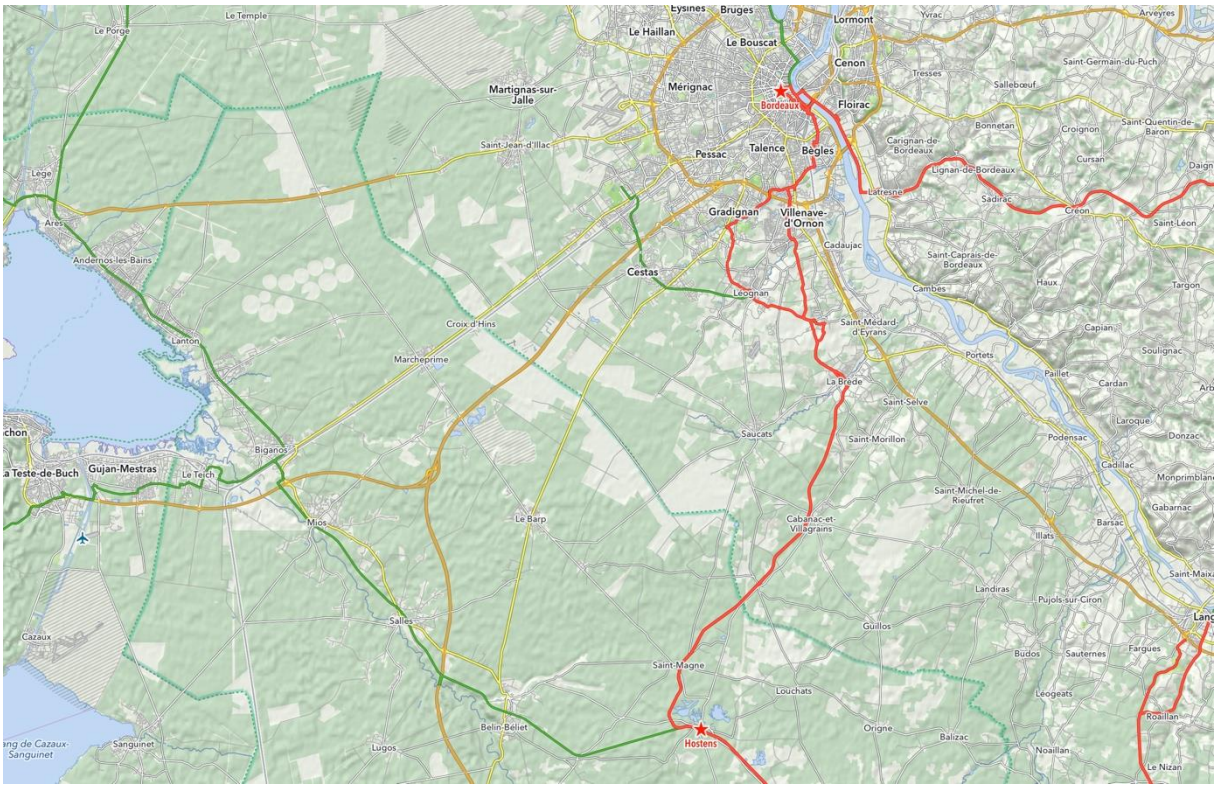
Etape 66

Semaine 13

Vendredi 1.10.2021

Bordeaux – Hostens

51km (4093)



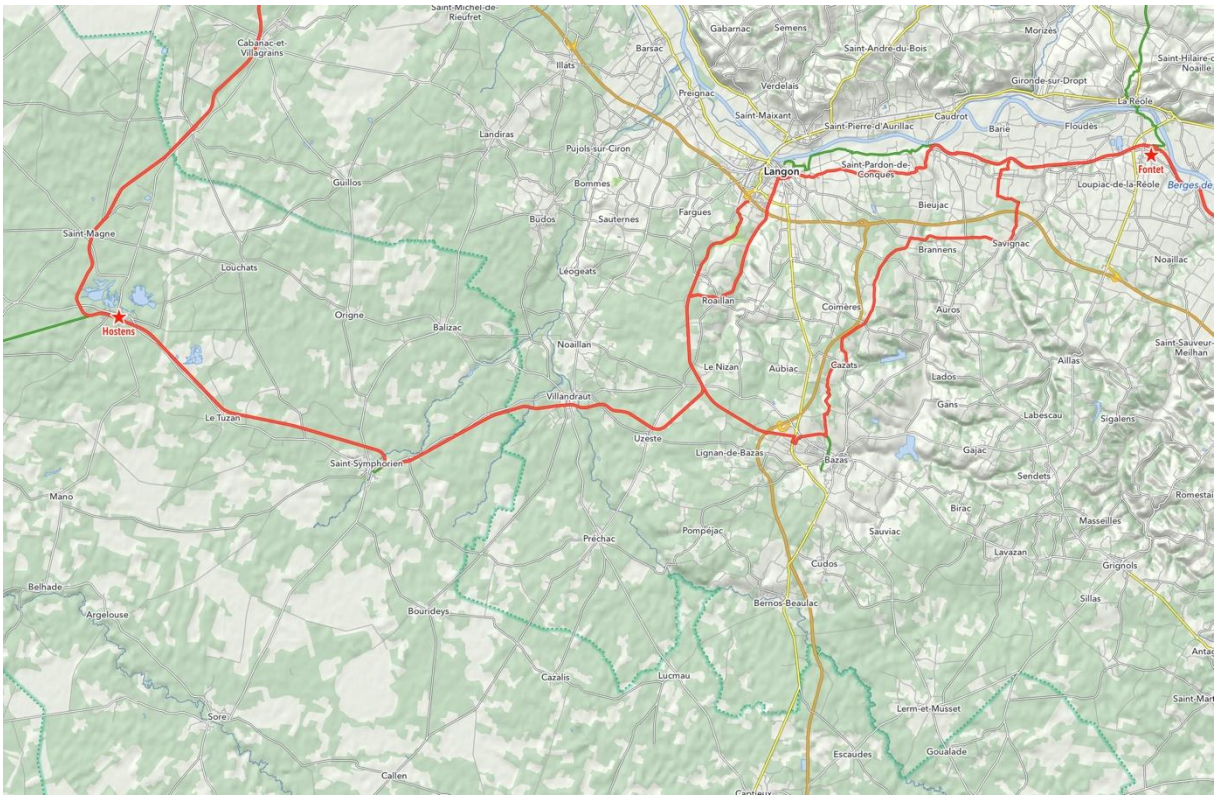
Etape 67

Semaine 13

Samedi 2.10.2021

Hostens – Fontet

64km (4157)



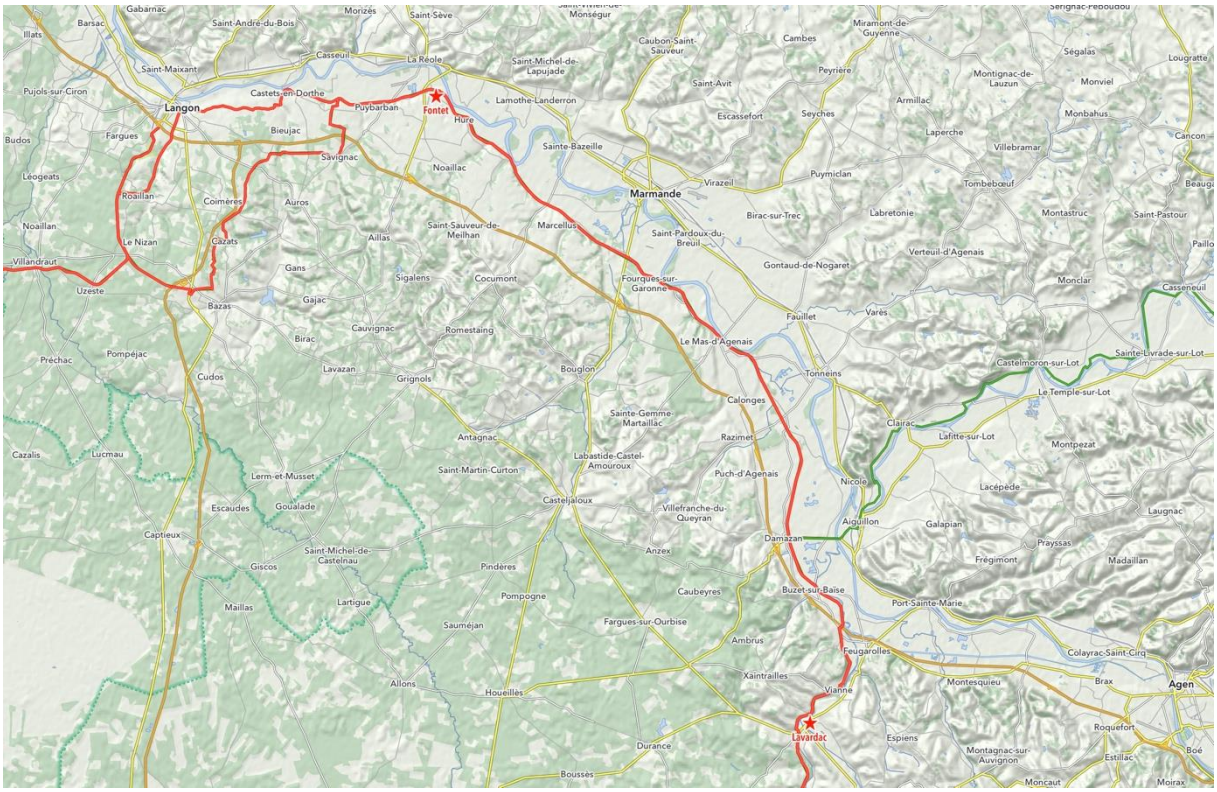
<u>Étape 68</u>

Semaine 14

Dimanche 3.10.2021

Fontet – Lavardac

Total km(4216)



Etape 69

Semaine 14

Lundi 4.10.2021

Lavardac – Villeneuve de Marsan

83km (4299)

<u>Etape 70</u>

Semaine 14

Mardi 5.10.2021

Villeneuve de Marsan – Tartas

49km (4348)

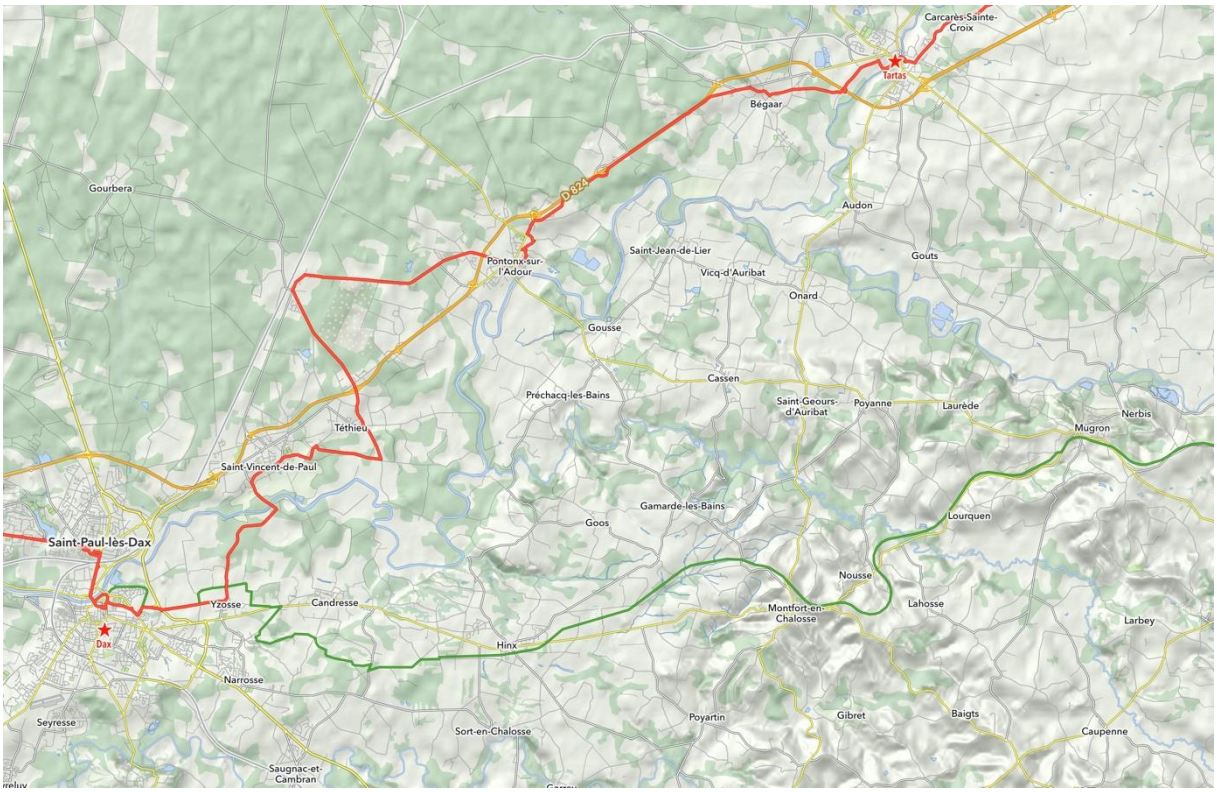
<u>Etape 71</u>

Semaine 14

Mercredi 6.10.2021

Tartas – Dax

34km (4382)



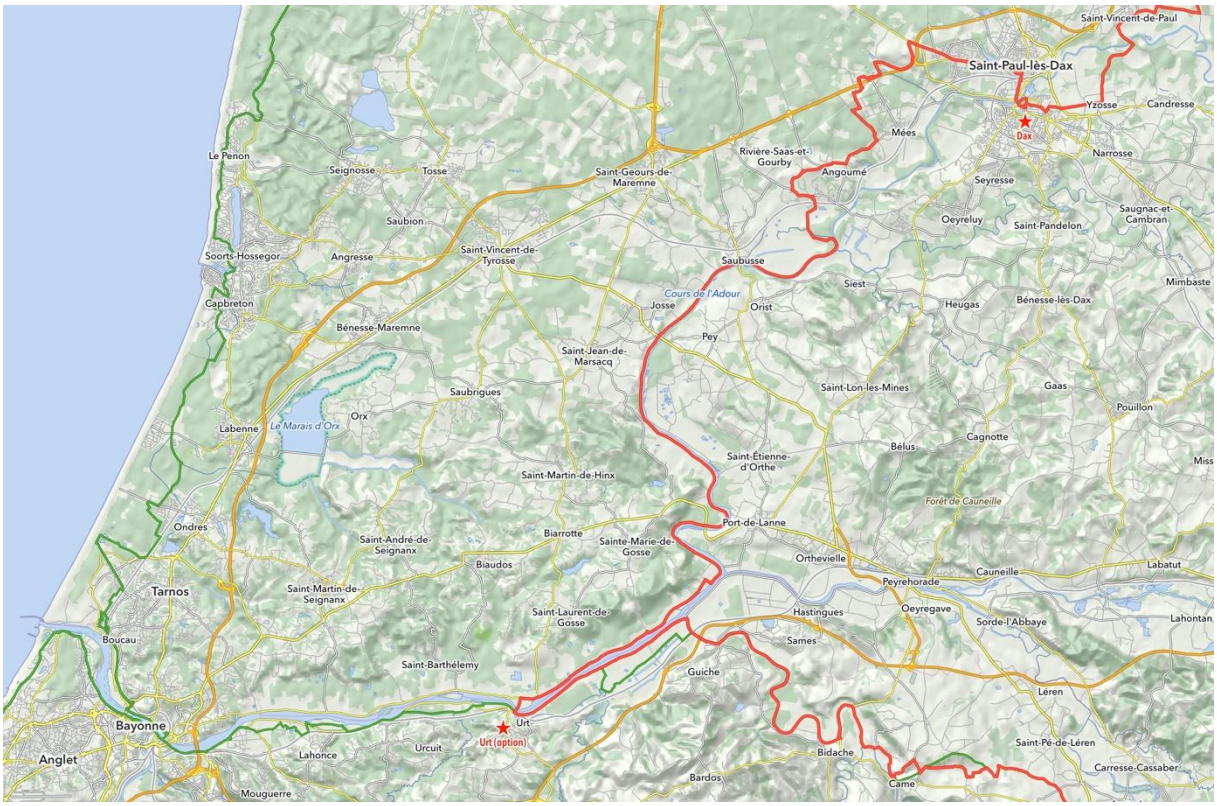
Etape 72

Semaine 14

Jeudi 7.10.2021

Dax – Urt -biarritz

63km (4445)



Pause
Semaine 14
Vendredi 8.10.2021
biarritz –
0km (4445)

Pause
Semaine 14
Samedi 9.10.2021
biarritz –
0km (4445)

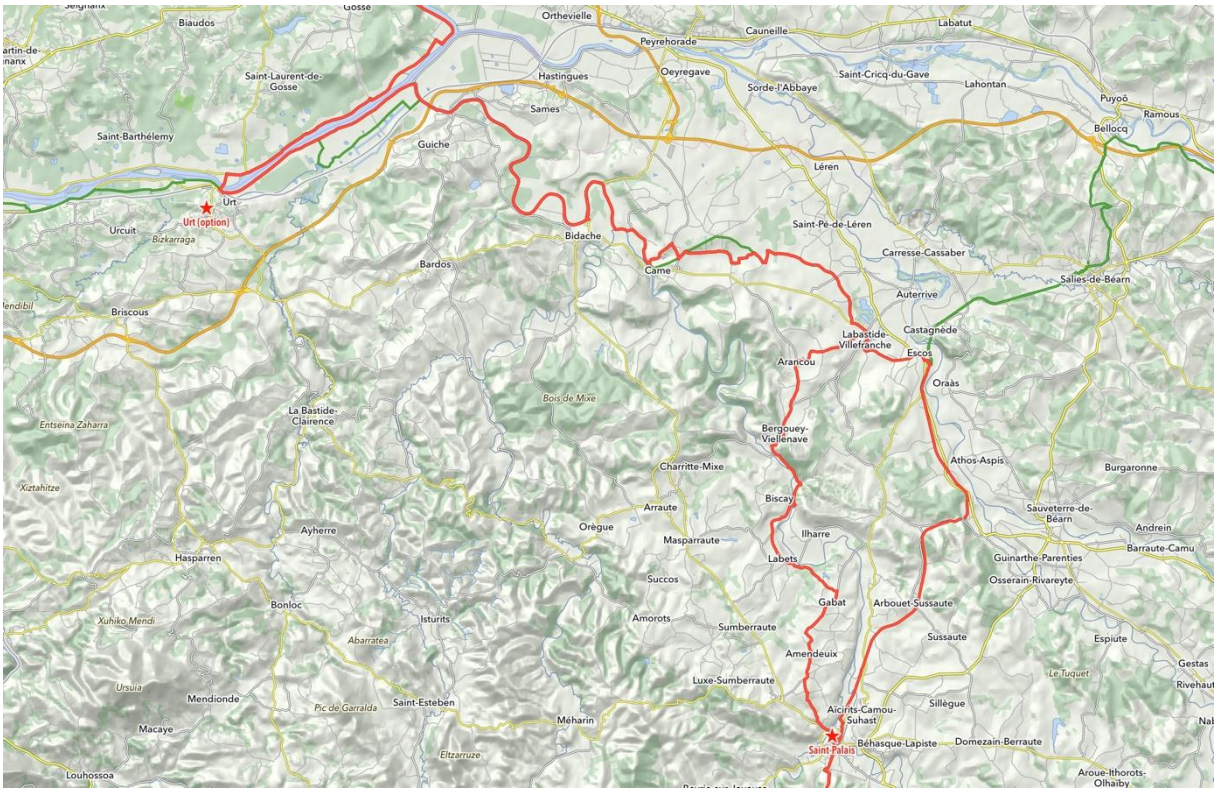
Etape 73

Semaine 15

Dimanche 10.10.2021

Urt – Saint Palais

46km (4491)



<u>Étape 74</u>

Semaine 15

Lundi 11.10.2021

Saint Palais – Saint-Jean Pied de Port

Total km(4522)

Etape 75

Semaine 15

Mardi 12.10.2021

Saint Jean Pied de Port – Pamplona

76km (4598)

Saint-Jean-Pied-de-Port
Saint-Jean-le-Vieux
Ascarat
Caro
Kosko Handi
Ameguy
Luzaide
Ibxas Hegi
Urkulugibela
Lupuzuriko Kaskoa
Ortzanzurieta
Auritz/Burguete
Bizkarreta-Gerendiain
Erro
Zubiri
Lerdengibel
Garralda
Latsaga
Orbaitzeta
Ezkandi
Tiratuin
Eugi
Olaldea
Zanatz
Saragueta
Larrogain
Espotz
Uriz / Uritz
Oroz Betelu
Aezkoargain
Baxa
Aristu
Borrokoxko
Embalse de Itoiz / Itoizko Urtegia
Arizkuren
Rala
Aietxu/Ayechu
Ongoz
Santa Cruz
Santa Fe
Aoiz/Agoitz
Ollaran
Lizoain
Urrotz/Urroz-Villa
Mendioroz
Donatsai
Aranguren
Zolina
Arikita
Noain
Sarriguren
Barañain/Baranain
Zizur Mayor / Zizur Nagusia
Pamplona / Iruña
Huarte
Egues
Egulbati
Arleta
Artika/Artica
Orkoien
Ororbia
Munarriz
Etxauriko Haitzak
Etxauri
Bidaurreta
Ubani
Arguiñano
Montes de Iturgoyen
Sierra de Andia
Sierra de Satrústegui
Sierra de San Miguel
Valle de Ollo/Ollaran
Eguillor/Egillor
Goñi
Azanza
Zuasti
Ezkaba
Makirriain/Maquirriain
Sarasa
Sarasate
Errotz
Ortxikasko
Kozkorro
Zaldaitz
Ardaitz
Enderitz
Mintxegi
Iruñtzun
Hiriberri Arakil
Uharte Arakil
Eloriqaře
Oderitz
Eraso
Aroztegi
Ripa
Olague
Baratxueta
Lizaso
Beunza
Etxaleku
Urritza
Astitz
Baraibar
Itsaso
Gartzaron
Auza
Iraizotz
Lantz
Burdindogi
Abaunzko harria
Eltzaburu
Asku
Lekunberri
Errazkin
Beruete
Igoa
Azpirotz
Betelu
Guratz
Ireber
Soratxipi
Txaruta
Saioa
Okoro
Urkiagako lepoa / Alto de Urquiaga
Adi
Alto de Ezkurra
Ezkurra
Erakurri
Baztarla
Areso
Leitza
Beintza-Labaien
Almandoz
Altzkoa
Alba
Aldudes
Urepel
Laurnaga
Urrixka
Adartza
Banca
Oitza
Elizondo
Arraioz
Oronoz
Ziga
Donamaria
Aintzinguruitze
Zubieta
Doneztebe/Santesteban
Sunbilla
Mendaur
Loitzate
Goizueta
Leuneta
Urdelar
Berastegi
Sobelar
Azpilkueta
Legate
Valle del Baztán
Erratzu
Hautza
Oilarandoi
Saint-Etienne-de-Baigorry
Lauhiburu
Ahaxe-Alciette-Bascassan
Zeinhegi
Behorlegi
Estérençuby
Iturranburu
Errozate
Azaleg
Auztarri
Ugatreina
Abaurregaina / Abaurrea Alta
Usoz
Otsa/Otsa

Pause
Semaine 15
Mercredi 13.10.2021
Pamplona –
0km (4598)

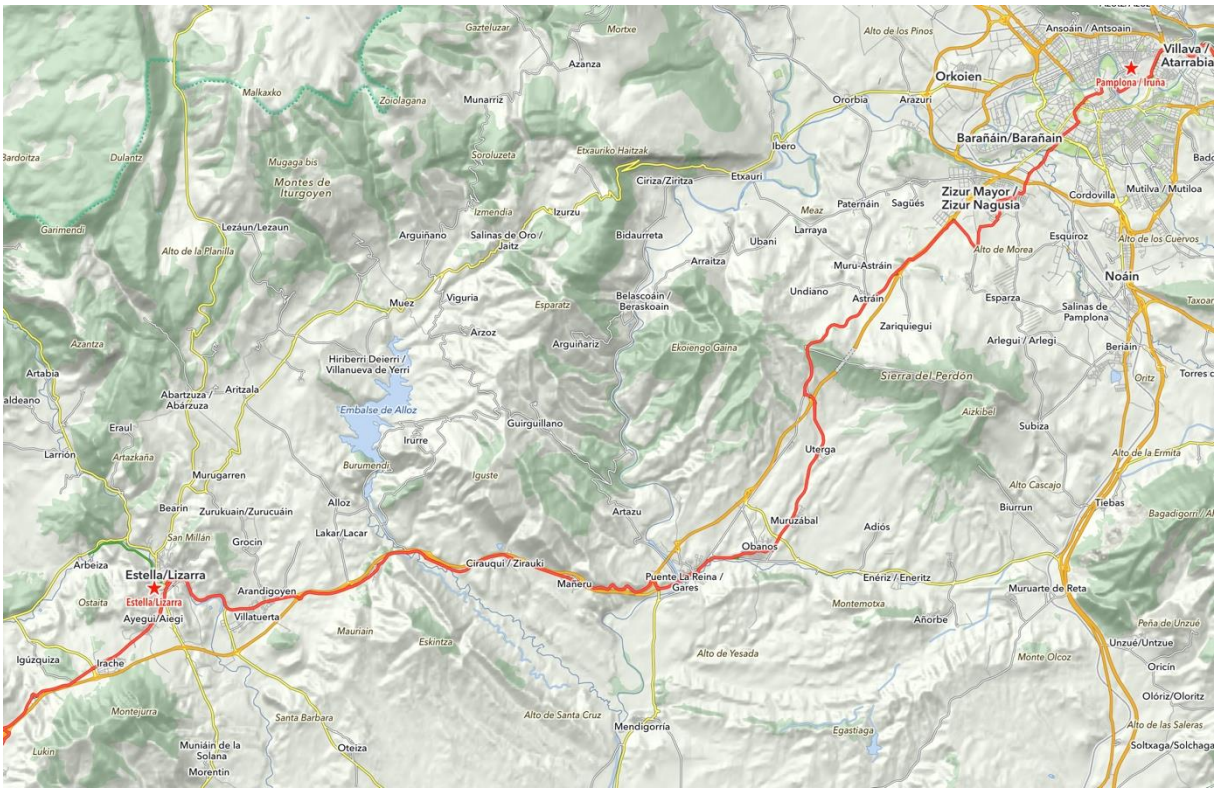
Etape 76

Semaine 15

Jeudi 14.10.2021

Pamplona – Estella Lizzara

48km (4646)



Étape 77

Semaine 15

Vendredi 15.10.2021

Estella Lizzara – Navarrete

Total km(4706)

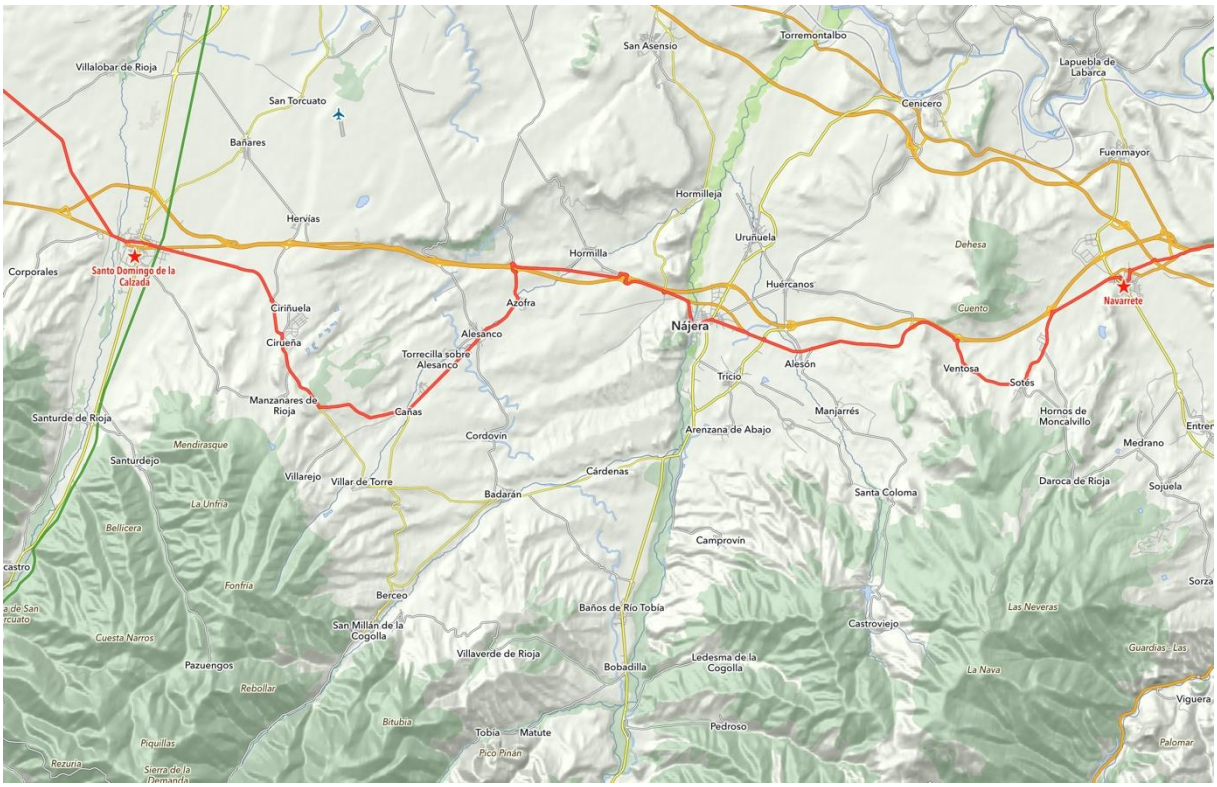
Etape 78

Semaine 15

Samedi 16.10.2021

Navarrete – San Domingo de la Calzada

43km (4749)



Pause
Semaine 16
Dimanche 17.10.2021
San Domingo de la Calzada –
0km (4749)

Etape 79

Semaine 16

Lundi 18.10.2021

San Domingo de la Calzada – Cerraton de Juarros

48km (4797)

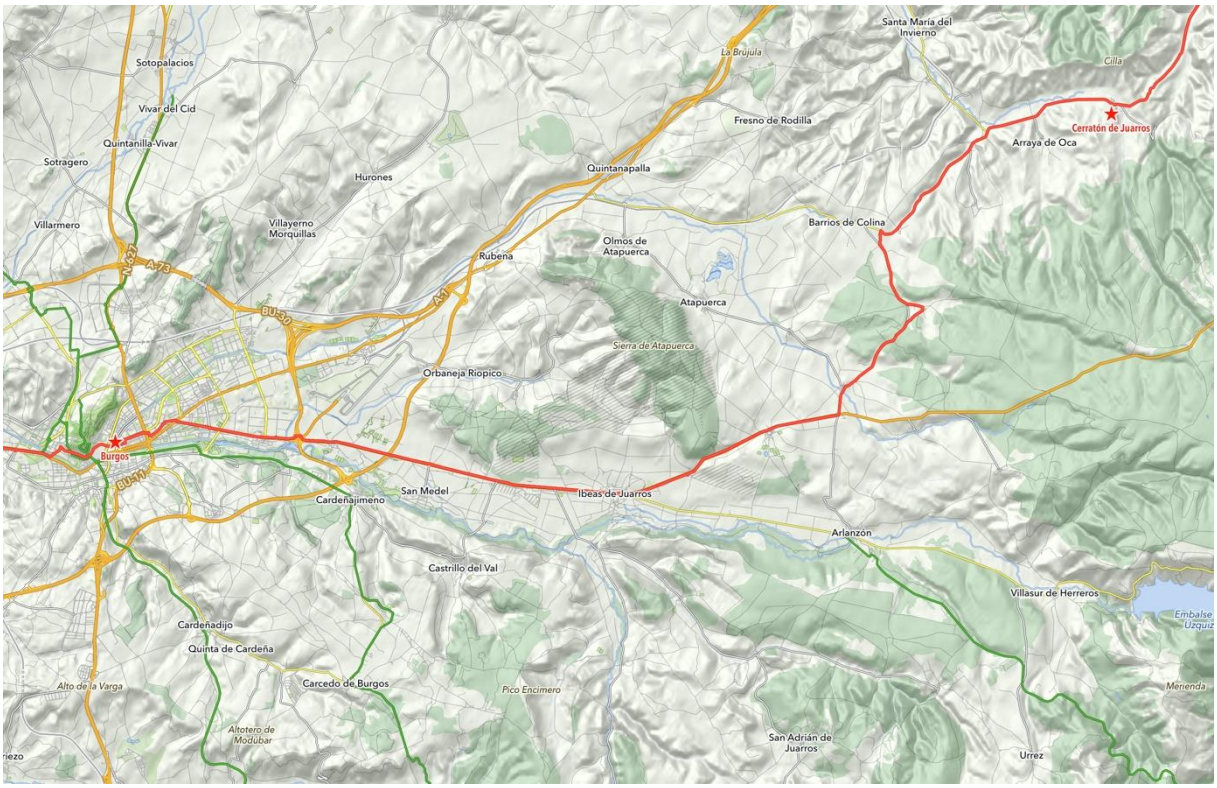
Étape 80

Semaine 16

Mardi 19.10.2021

Cerraton de Juarros – Burgos

Total km(4831)



Etape 81

Semaine 16

Mercredi 20.10.2021

Burgos – Boadilla del Camino

62km (4893)

Etape 82

Semaine 16

Jeudi 21.10.2021

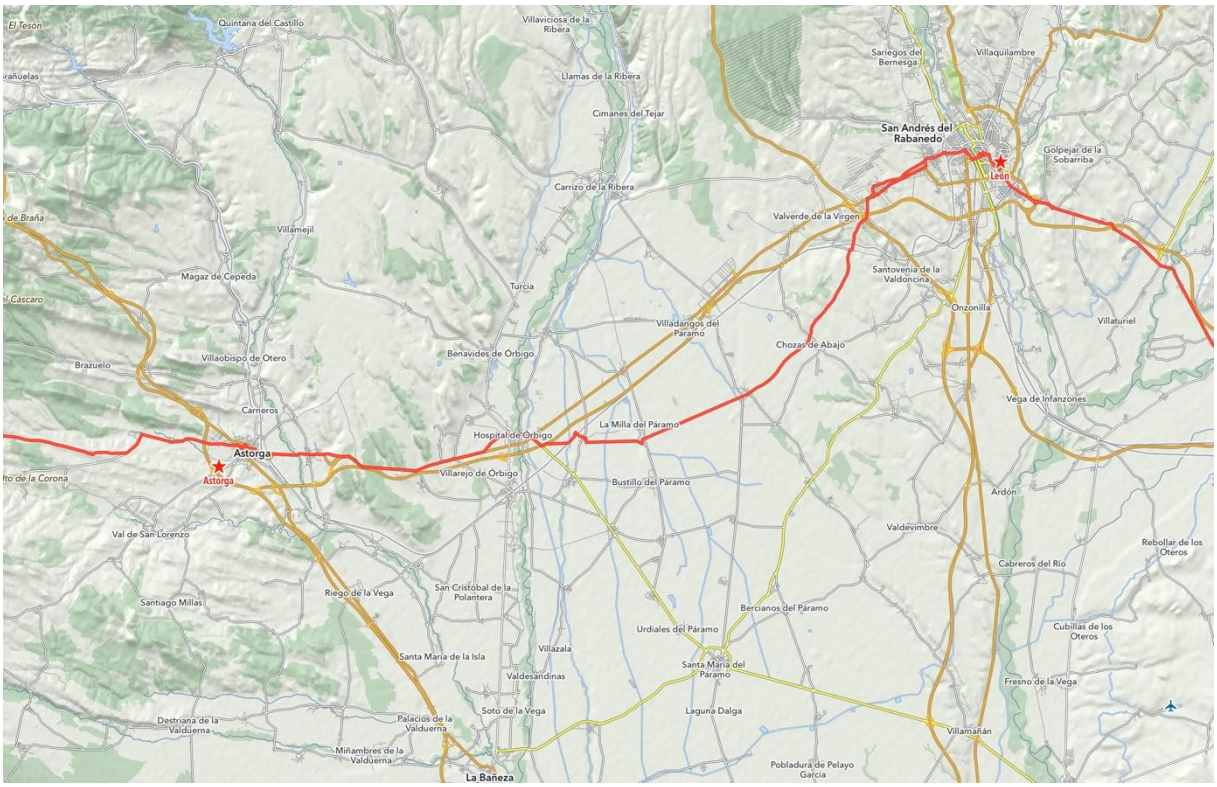
Boadilla del Camino – Sahagun

63km (4956)

<u>Etape 83</u>
Semaine 16
Vendredi 22.10.2021
Sahagun – Leon
54km (5010)

Pause
Semaine 16
Samedi 23.10.2021
Leon –
0km (5010)

Etape 84
Semaine 17
Dimanche 24.10.2021
Leon – Astorga
52km (5062)



85

Semaine 17

Lundi 25.10.2021

Astorga – Ponferrada

Total km(5117)

Etape 86

Semaine 17

Mardi 26.10.2021

Ponferrada – Pedrafita do Cebreiro

50km (5167)

Etape 87

Semaine 17

Mercredi 27.10.2021

Pedrafita do Cebreiro – Sarria

47km (5214)

Etape 88

Semaine 17

Jeudi 28.10.2021

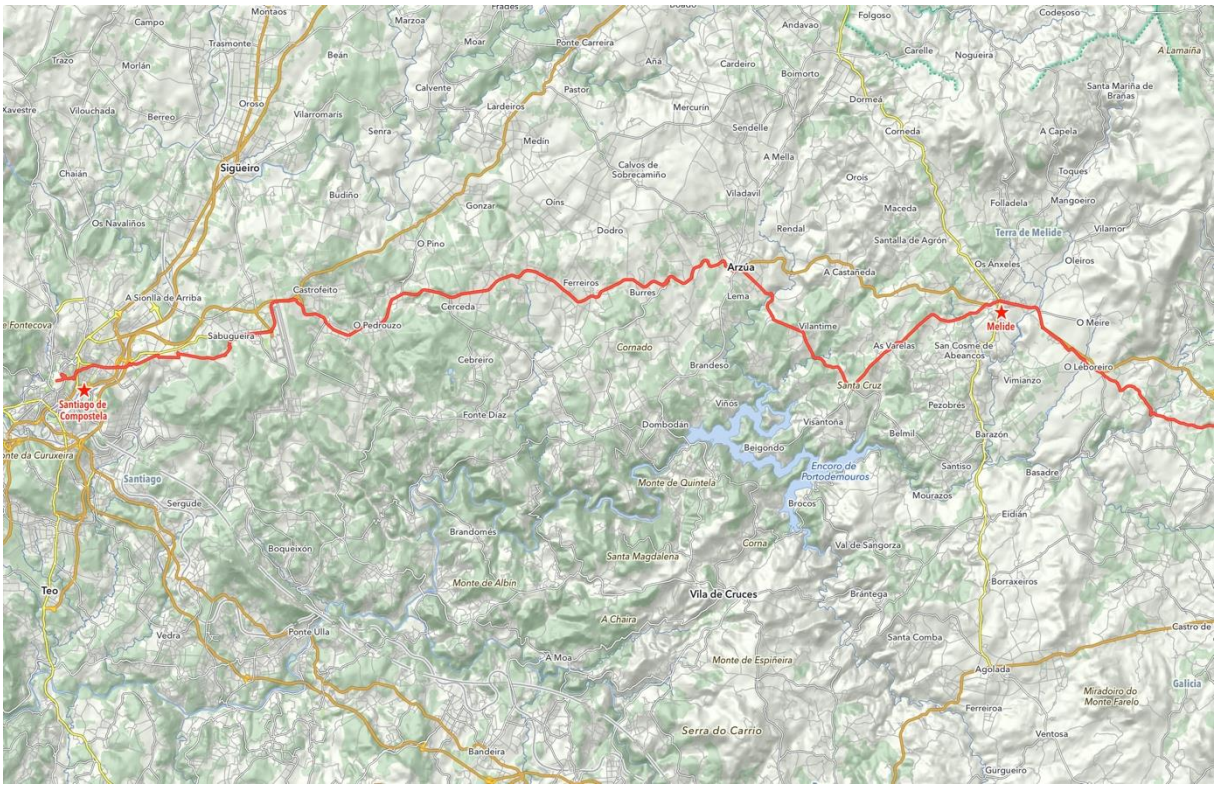
Sarria – Melide

64km (5278)

Etape 89 (Arrivée)

Semaine 17

Vendredi 29.10.2021

Melide – St Jacques de Compostelle

56km (5334)